

# MAY 2024 LUNCH

Raymond High School  
45 Harriman Hill Rd  
Raymond, NH 03077  
603-895-6616

Kitchen Office  
603.895.6616 x2318

Nutrition Services Director Tasha Ball  
603.895.6616 x2345 t.ball@sau33.com

Lunch price \$3.80  
Reduced Price \$0.40

Please be reminded that Students wishing to purchase Milk Only must have funds available on their account. As always, milk may not be charged.

This menu meets the Nutritional Guidelines for the National School Lunch Program as established by the USDA. This institution is an equal opportunity provider. Esta institucion es un proveedor que ofrece igualdad de oportunidades. Menu is subject to change based on availability of ordered items.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Baked Potato Bar Choice of toppings Tomatoes Broccoli Choice of Fruit Choice of Milk	2 Raymond Cleanup Day Tortellini Salad Crunchy Mixed Veg Hummus Choice of Fruit Choice of Milk	3 Dominos Pizza Garden Salad Chef's Choice Veg Choice of Fruit Choice of Milk
6 Cheeseburger Lettuce/Tomato Onion/Pickle French Fries BBQ Beans Choice of Fruit Choice of Milk	7 Chicken and Waffles Cucumbers Pepper Strips Choice of Fruit Choice of Milk	8 Hot Ham and Cheese Croissant Carrot Coins Spinach & Berry Salad Choice of Fruit Choice of Milk	9 Cheesy Baked Pasta Dinner Roll Cucumber Sticks Broccoli Choice of Fruit Choice of Milk	10 Homemade Pizza Garden Salad Grape Tomato Choice of Fruit Choice of Milk
13 Pulled Pork on a Bun Seasoned Wedges Coleslaw Choice of Fruit Choice of Milk	14 Quesadilla Bean Salad Salsa Pepper strip Choice of Fruit Choice of Milk	15 Breakfast French Toast Sticks Sausage Hashbrown Baked Beans Choice of Fruit Choice of Milk	16 American Chop Suey Garlic Bread Seasoned Carrots Italian Veggie Choice of Fruit Choice of Milk	17 Dominos Pizza Garden Salad Chef's Choice Veg Choice of Fruit Choice of Milk
20 BBQ Burger on a Bun Lettuce/Tomato Chickpea Salad Choice of Fruit Choice of Milk	21 Chicken Fajitas Black Beans Cheese/Salsa Peppers & Onions Choice of Fruit Choice of Milk	22 Lil Pigs Casserole Corn bread Carrot Sticks Coleslaw Choice of Fruit Choice of Milk	23 Chicken Alfredo Pasta Breadstick Broccoli Celery Sticks Choice of Fruit Choice of Milk	24 Sal's Pizza Garden Salad Grape Tomato Frozen Treat Choice of Fruit Choice of Milk
27 MEMORIAL DAY NO SCHOOL	28 Turkey Tacos Lettuce/Tomato/Onion Cheese/Salsa Spanish Rice Pepper Strips Choice of Fruit Choice of Milk	29 Chicken Tenders Onion Rings Cucumbers Choice of Fruit Choice of Milk	30 Pasta Bar Choice of Noodles, Protien and Veggies Broccoli Choice of Fruit Choice of Milk	31 Domino's Pizza Caesar Salad Crunchy Vegetables Choice of Fruit Choice of Milk

# MAY

# 2024 BREAKFAST

Raymond High School  
45 Harriman Hill Rd  
Raymond, NH 03077  
603-895-6616

Kitchen Office  
603.895.6616 x2318

Nutrition Services Director Tasha Ball  
603.895.6616 x2345 t.ball@sau33.com

**Breakfast price \$2.00**  
**Free/Reduced Price \$0.00**

Please be reminded that Students wishing to purchase Milk Only must have funds available on their account. As always, milk may not be charged.

This menu meets the Nutritional Guidelines for the National School Lunch Program as established by the USDA. This institution is an equal opportunity provider. Esta institucion es un proveedor que ofrece igualdad de oportunidades. Menu is subject to change based on availability of ordered items.

## BREAKFAST MENU

**BREAKFAST INCLUDES:  
MILK, FRUIT/JUICE, GRAINS  
AND/OR PROTEIN**

### SERVED DAILY:

**Milk**

**Fat Free: Chocolate & 1%: White**

**Juice 100% apple, orange & fruit  
punch**

**Fruit Fresh & Cupped (Assorted)**

**A complete meal  
MUST include a fruit or juice  
and you may take 2**

**Items are subject to change based  
on availability**

**A variety of entree options are  
available daily.**

**ENTREE OPTIONS MAY INCLUDE:  
Cereal Whole Grain (Assorted) 2  
boxes or w/yogurt or string  
cheese**

**Yogurt Nonfat Vanilla &  
Strawberry w/choice of grain  
Pillsbury Mini Cinni, Bagel Stick,  
Chocolate Crescent, Apple Frudel  
Banana Bread, Lemon Bread or  
Crumb Cake**

**Mini Waffles or Mini Pancakes**

**Whole Grain Muffins**

**Cinnamon Buns (wg) or**

**Doughnuts (wg)**

**Bagels Whole Grain w/ Cream  
Cheese**

**Egg and Cheese Sandwiches**

**MY  
SCHOOL  
BUCKS**

Download our  
Mobile App  
today

**The Simple Way to Pay**  
FOR SCHOOL MEALS