

MAY 2024 LUNCH

Lamprey River Elementary School
33 Old Manchester Rd
Raymond, NH 03077
603-895-3117

Kitchen Manager Linda Burke
603.895.3117 x3385 l.burke@sau33.com

Nutrition Services Director Tasha Ball
603.895.6616 x2345 t.ball@sau33.com

Lunch price \$3.40
Reduced Price \$0.40

Please be reminded that Students wishing to purchase Milk Only must have funds available on their account. As always, milk may not be charged.

This menu meets the Nutritional Guidelines for the National School Lunch Program as established by the USDA. This institution is an equal opportunity provider. Esta institucion es un proveedor que ofrece igualdad de oportunidades. Menu is subject to change based on availability of ordered items.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



		<p>1 Chicken Nuggets Biscuit Mashed Potatos Corn Choice of Fruit Choice of Milk</p>	<p>2 Egg, Ham & Cheese Sandwich Carrots & Celery Sticks Choice of Fruit Choice of Milk</p>	<p>3 Corn Dog's Caesar Salad Chef's Choice Veg Choice of Fruit Choice of Milk</p>
<p>6 Dominos Pizza Steamed Carrots Broccoli Choice of Fruit Choice of Milk</p>	<p>7 Chicken Patty on a Bun Red Pepper Strips 3 Bean Salad Choice of Fruit Choice of Milk</p>	<p>8 American Chop Suey Garlic Bread Green Beans Spinach Berry Salad Choice of Fruit Choice of Milk</p>	<p>9 <u>Brunch for Lunch</u> French Toast Sticks Yogurt Hashbrown Cucumbers Choice of Fruit Choice of Milk</p>	<p>10 Mac & Cheese Breadstick Garden Salad Chef's Choice Veg Choice of Fruit Choice of Milk</p>
<p>13 Stuffed Crust Pizza French Fries Chef's Choice Veg Choice of Fruit Choice of Milk</p>	<p>14 Super Dupper Dipper Day Hummus Crunchy Veggies Choice of Fruit Choice of Milk</p>	<p>15 <u>Brunch for Lunch</u> Waffles w/ Syrup Sasuage Patty Hashbrown Cucumbers Choice of Fruit Choice of Milk</p>	<p>16 Cheeseburger on a Bun Carrot Sticks Choice of Fruit Choice of Milk</p>	<p>17 Chicken Patty on a Bun Caesar Salad Red Pepper Strips Choice of Fruit Choice of Milk</p>
<p>20 Dominos Pizza Garden Salad Chef's Choice Veg Choice of Fruit Choice of Milk</p>	<p>21 Chili Beef Nachos Cheese/Salsa Corn Salad Crunchy Veggies Choice of Fruit Choice of Milk</p>	<p>22 Hot Dog on a Bun BBQ Baked Beans Carrot Sticks Choice of Fruit Choice of Milk</p>	<p>23 Grilled Cheese Sandwich California Blend Cucumbers Choice of Fruit Choice of Milk</p>	<p>24 Mozzarella Sticks Marinara Carrot Coins Chef's Choice Veg Choice of Fruit Choice of Milk</p>
<p>27 MEMORIAL DAY NO SCHOOL</p>	<p>28 Chicken and Waffles Roasted Chickpeas Broccoli w/ Ranch Choice of Fruit Choice of Milk</p>	<p>29 Beef Nachos Cheese/Salsa Lettuce/Tomatos Green Beans Choice of Fruit Choice of Milk</p>	<p>30 Turkey or Ham & Cheese Sub Tomatos Celery Sticks Choice of Fruit Choice of Milk</p>	<p>31 Meatball Sub French Fries Chef's Choice Veg Choice of Fruit Choice of Milk</p>

MAY

2024 BREAKFAST

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Breakfast price \$1.75
Free/Reduced Price \$0.00

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BREAKFAST MENU

**BREAKFAST INCLUDES:
MILK, FRUIT/JUICE, GRAINS
AND/OR PROTEIN**

SERVED DAILY:

Milk

Fat Free: Chocolate & 1%: White

**Juice 100% apple, orange & fruit
punch**

Fruit Fresh & Cupped (Assorted)

**A complete meal
MUST include a fruit or juice
and you may take 2**

**Items are subject to change based
on availability**

**A variety of entree options are
available daily.**

**ENTREE OPTIONS MAY INCLUDE:
Cereal Whole Grain (Assorted) 2
boxes or w/yogurt or string
cheese**

**Yogurt Nonfat Vanilla &
Strawberry w/choice of grain
Pillsbury Mini Cinni, Bagel Stick,
Chocolate Crescent, Apple Frudel
Banana Bread, Lemon Bread or
Crumb Cake**

**Mini Waffles or Mini Pancakes
Whole Grain Muffins
Cinnamon Buns (wg) or
Doughnuts (wg)**

**Bagels Whole Grain w/ Cream
Cheese**

Egg and Cheese Sandwiches

**MY
SCHOOL
BUCKS**

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Mobile App
today

The Simple Way to Pay
FOR SCHOOL MEALS