

APRIL 2024 LUNCH

Raymond High School
45 Harriman Hill Rd
Raymond, NH 03077
603-895-6616

Kitchen Office
603.895.6616 x2318

Nutrition Services Director Tasha Ball
603.895.6616 x2345 t.ball@sau33.com

Lunch price \$3.80
Reduced Price \$0.40

Please be reminded that Students wishing to purchase Milk Only must have funds available on their account. As always, milk may not be charged.

This menu meets the Nutritional Guidelines for the National School Lunch Program as established by the USDA. This institution is an equal opportunity provider. Esta institucion es un proveedor que ofrece igualdad de oportunidades. Menu is subject to change based on availability of ordered items.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Sandwich of the Month Big Mac Taco Burger French Fries Mixed Veggies Choice of Fruit Choice of Milk	2 Chicken Fajitas Black Beans Cheese/Salsa Peppers & Onions Choice of Fruit Choice of Milk	3 Lil Pigs Casserole or Fish Sticks Corn bread Carrot Sticks Coleslaw Choice of Fruit Choice of Milk	4 Chicken Alfredo Pasta Breadstick Broccoli Celery Sticks Choice of Fruit Choice of Milk	5 Dominos Pizza Garden Salad Grape Tomato Choice of Fruit Choice of Milk
8 Hot Dog on a Roll Baked Beans Smiley Fries Choice of Fruit Choice of Milk	9 Turkey Tacos Lettuce/Tomato/Onion Cheese/Salsa Spanish Rice Pepper Strips Choice of Fruit Choice of Milk	10 Chicken Nuggets Onion Rings Peas Dinner Roll Choice of Fruit Choice of Milk	11 Beef Stroganoff Pasta Bread Stick Cucumbers Broccoli Choice of Fruit Choice of Milk	12 Homemade Pizza Caesar Salad Carrots Chef's Choice Veg Choice of Fruit Choice of Milk
15 Chicken Burger on a Bun Sweet Potato Fries Chickpea Salad Celery Sticks Choice of Fruit Choice of Milk	16 General Tso's Chicken Fried Rice Asian Slaw Pepper Strips Choice of Fruit Choice of Milk	17 Turkey Smothered Fries Dinner Roll Spinach Salad Cucumbers Choice of Fruit Choice of Milk	18 Macaroni & Cheese Breadstick California veggies Carrot Sticks Choice of Fruit Choice of Milk	19 Dominos Pizza Garden Salad Grape Tomato Choice of Fruit Choice of Milk
22 SPRING BREAK NO SCHOOL	23 SPRING BREAK NO SCHOOL	24 SPRING BREAK NO SCHOOL	25 SPRING BREAK NO SCHOOL	26 SPRING BREAK NO SCHOOL
29 Grilled Cheese Sandwich Tomato Soup Broccoli Choice of Fruit Choice of Milk	30 Beef Nachos Lettuce/Tomato/Onion Cheese/Salsa Corn Bean Salad Choice of Fruit Choice of Milk			



APRIL

2024 BREAKFAST

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Breakfast price \$2.00
Free/Reduced Price \$0.00

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BREAKFAST MENU

**BREAKFAST INCLUDES:
MILK, FRUIT/JUICE, GRAINS
AND/OR PROTEIN**

SERVED DAILY:

Milk

Fat Free: Chocolate & 1%: White

**Juice 100% apple, orange & fruit
punch**

Fruit Fresh & Cupped (Assorted)

**A complete meal
MUST include a fruit or juice
and you may take 2**

**Items are subject to change based
on availability**

**A variety of entree options are
available daily.**

**ENTREE OPTIONS MAY INCLUDE:
Cereal Whole Grain (Assorted) 2
boxes or w/yogurt or string
cheese**

**Yogurt Nonfat Vanilla &
Strawberry w/choice of grain
Hard Boiled Eggs w/ crackers or
toast**

**Pillsbury Mini Cinni, Bagel Stick,
Chocolate Crescent, Apple Frudel
Banana Bread, Lemon Bread or
Crumb Cake**

**Mini Waffles or Mini Pancakes
Whole Grain Muffins
Cinnamon Buns (wg) or
Doughnuts (wg)**

**Bagels Whole Grain w/ Cream
Cheese**

Egg and Cheese Sandwiches

**MY
SCHOOL
BUCKS**

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Mobile App
today

The Simple Way to Pay
FOR SCHOOL MEALS