

APRIL 2024 LUNCH

Lamprey River Elementary School
33 Old Manchester Rd
Raymond, NH 03077
603-895-3117

Kitchen Manager Linda Burke
603.895.3117 x3385 l.burke@sau33.com

Nutrition Services Director Tasha Ball
603.895.6616 x2345 t.ball@sau33.com

Lunch price \$3.40

Reduced Price \$0.40

Entree Salads and a Variety of Sandwich options are available daily.

Please be reminded that Students wishing to purchase Milk Only must have funds available on their account. As always, milk may not be charged.

This menu meets the Nutritional Guidelines for the National School Lunch Program as established by the USDA. This institution is an equal opportunity provider. Esta institucion es un proveedor que ofrece igualdad de oportunidades. Menu is subject to change based on availability of ordered items.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Mozzarella Sticks Marinara Carrot Coins Frozen Treat Choice of Fruit Choice of Milk	2 Chicken and Waffles with Syrup Crunchy Veggies Choice of Fruit Choice of Milk	3 BBQ Pork on a Bun Caesar Salad Green Beans Choice of Fruit Choice of Milk	4 Grilled Cheese Sandwich Tomato's Celery Sticks Choice of Fruit Choice of Milk	5 Meatball Sub Roasted Chickpeas French Fries Chef's Choice Veg Choice of Fruit Choice of Milk
8 Domino's Pizza Carrot Sticks Broccoli Frozen Treat Choice of Fruit Choice of Milk	9 Turkey Tacos Lettuce/Tomato Cheese/Salsa Black Beans Choice of Fruit Choice of Milk	10 <u>Brunch for Lunch</u> Waffles w/ Syrup Sausage Hashbrown Choice of Fruit Choice of Milk	11 Cheeseburger on a Bun California Blend Pepper Strips Choice of Fruit Choice of Milk	12 Chicken Patty on a Bun Cucumbers Chef's Choice Veg Choice of Fruit Choice of Milk
15 Stuffed Crust Pizza Grape Tomatoes California Blend Frozen Treat Choice of Fruit Choice of Milk	16 Turkey Nachos Cheese/Salsa Bean Salad Corn Choice of Fruit Choice of Milk	17 Mac & Cheese Bread Stick Garden Salad Carrot Coins Choice of Fruit Choice of Milk	18 Turkey or Ham & Cheese Wrap Broccoli Wax Beans Choice of Fruit Choice of Milk	19 Soft Pretzel Beef Chili Celery Sticks Chef's Choice Veg Choice of Fruit Choice of Milk
22 SPRING BREAK NO SCHOOL	23 SPRING BREAK NO SCHOOL	24 SPRING BREAK NO SCHOOL	25 SPRING BREAK NO SCHOOL	26 SPRING BREAK NO SCHOOL
29 Domino's Pizza Carrots Celery Frozen Treat Choice of Fruit Choice of Milk	30 Hot Dog on a Bun Baked Beans Grape Tomatoes Choice of Fruit Choice of Milk			



APRIL

2024 BREAKFAST

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Breakfast price \$1.75
Free/Reduced Price \$0.00

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BREAKFAST MENU

**BREAKFAST INCLUDES:
MILK, FRUIT/JUICE, GRAINS
AND/OR PROTEIN**

SERVED DAILY:

Milk

Fat Free: Chocolate & 1%: White

**Juice 100% apple, orange & fruit
punch**

Fruit Fresh & Cupped (Assorted)

**A complete meal
MUST include a fruit or juice
and you may take 2**

**Items are subject to change based
on availability**

**A variety of entree options are
available daily.**

**ENTREE OPTIONS MAY INCLUDE:
Cereal Whole Grain (Assorted) 2
boxes or w/yogurt or string
cheese**

**Yogurt Nonfat Vanilla &
Strawberry w/choice of grain
Hard Boiled Eggs w/ crackers or
toast**

**Pillsbury Mini Cinni, Bagel Stick,
Chocolate Crescent, Apple Frudel
Banana Bread, Lemon Bread or
Crumb Cake**

**Mini Waffles or Mini Pancakes
Whole Grain Muffins
Cinnamon Buns (wg) or
Doughnuts (wg)**

**Bagels Whole Grain w/ Cream
Cheese**

Egg and Cheese Sandwiches

**MY
SCHOOL
BUCKS**

Download our
Mobile App
today

The Simple Way to Pay
FOR SCHOOL MEALS