# **RHS WINTER SPORTS**

## START DATE DECEMBER 14TH

CHEER: RHS Cafe @ 3:00

BOWLING: Striker's East @ 5:30

GIRLS BASKETBALL: RHS gym @ 2:30 (9th & 10th grade) & 4:00 (11th & 12th grade) BOYS BASKETBALL: RHS gym @ 5:30 (9th & 10th grade) & 7:00 (11th & 12th grade)

## START DATE DECEMBER 15TH

TRACK: RHS outside gym doors @ 2:30

## START DATE TBD

UNIFIED BASKETBALL

## Are you ready to go?

## If you participated in a Fall Sport no need to redo the paperwork

#### ATHLETIC PARTICIPATION CHECKLIST

## • Emergency Form

- found on <a href="https://raymondathletics.bigteams.com/main/filesLinks/">https://raymondathletics.bigteams.com/main/filesLinks/</a>
- Signed by Parent/Guardian
- Turn in to coach on FIRST DAY OF TRYOUT ATTENDANCE

#### Participation Waive

- Found on <a href="https://raymondathletics.bigteams.com/main/filesLinks/">https://raymondathletics.bigteams.com/main/filesLinks/</a>
- Signed by Student-Athlete & Parent/Guardian
- Turn in to coach on FIRST DAY OF TRYOUT ATTENDANCE

## • Code of Conduct Paper

- Found on https://raymondathletics.bigteams.com/main/filesLinks/
- Signed by Student-Athlete & Parent/Guardian
- Turn in to coach on FIRST DAY OF TRYOUT ATTENDANCE

#### Physical Within last 12 Months

- Copy on file with school nurse OR
- Copy turned in to coach on FIRST DAY OF TRYOUT ATTENDANCE

#### • Student Handbook Read Athletic/Co Curricular Handbook

Found on <a href="https://raymondathletics.bigteams.com/main/filesLinks/">https://raymondathletics.bigteams.com/main/filesLinks/</a>

#### • Concussion Awareness

- o Found on <a href="https://raymondathletics.bigteams.com/main/filesLinks/">https://raymondathletics.bigteams.com/main/filesLinks/</a>
- District Concussion Protocol & Return to play procedures found in Athletic/Co Curricular Handbook

#### Online School Registration completed

- PowerSchool Parent Portal
- Questions directed to Main Office of RHS

## • ImPACT Testing

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- Will be scheduled before first game
- All 9TH, 11TH grade and new athletes must take

ANY FURTHER QUESTIONS PLEASE EMAIL

# **COACHING/ATHLETIC STAFF**

Athletic Director: Davinney Brazeau d.brazeau@sau33.com
Cheer: Kelly Livingston k.livingston@sau33.com
Track: Joshua Forkey j.forkey@sau33.com
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