

# RHS

## Life of an Athlete



# We Are Forever Green



- Our community is committed to providing a safe, rigorous, & relevant learning environment.
- We demonstrate self-reliance, critical thinking, effective communication, and productive collaboration.

# We Are Forever Green

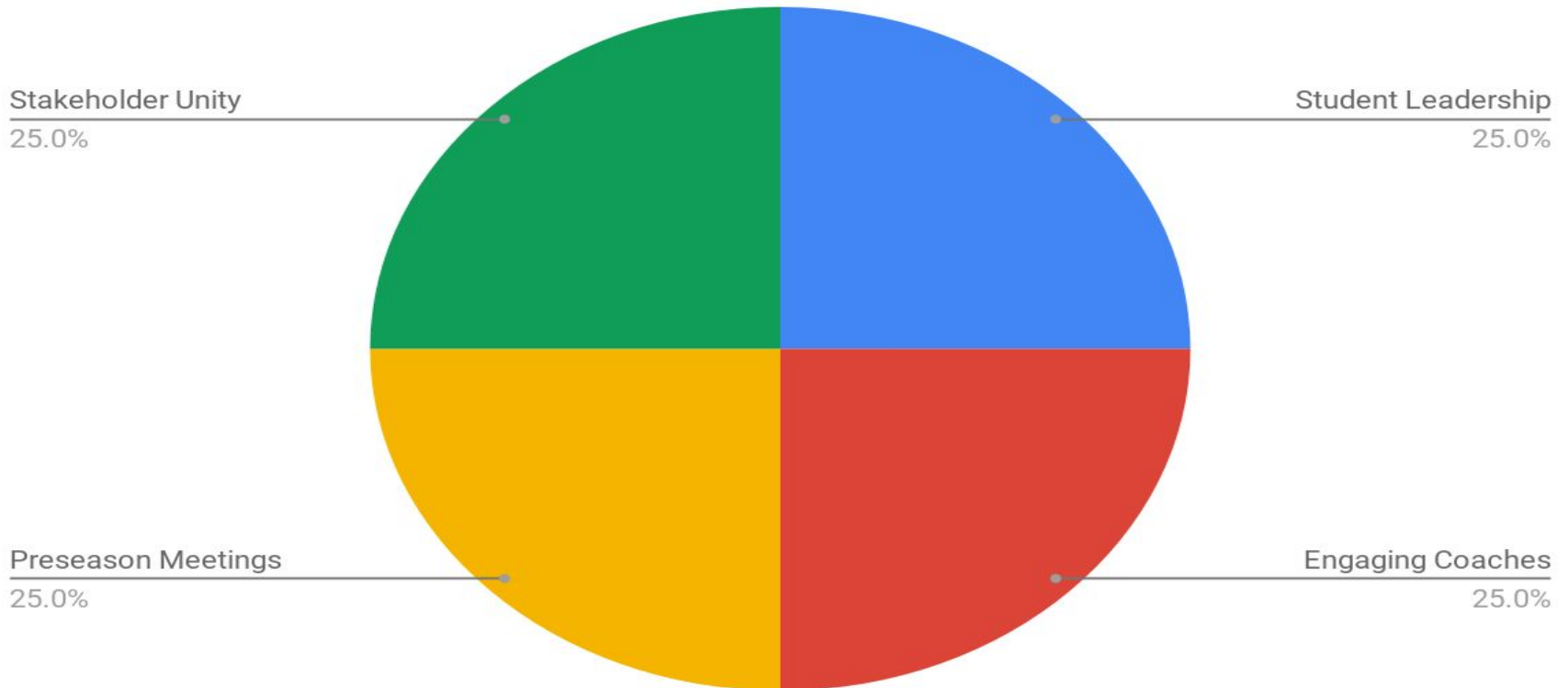


- **We are dedicated to recognizing, supporting, and celebrating everyone's diversity, unique abilities, learning styles, and achievements.**
- **We practice perseverance when challenged.**
- **We are engaged and responsible citizens.**
- **We are accountable for our own actions.**

# Life of an Athlete



## Components of LoA



# Student Leadership

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- ❁ **SALT (Student/Athlete Leadership Team)**
  - ❁ **Twelve members**
  - ❁ **Meet twice a month**
  - ❁ **SALT helps out at IHGMS**
  - ❁ **Preseason Launch - Athlete Cookout**
  - ❁ **Attend the Student/Athlete Leadership Conference**

# Engaging Coaches



 **Super Clinic**

 **Life of an Athlete Mondays**

# Preseason Meetings

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- ❁ Three Times A Year
  - ❁ Mandatory
  - ❁ Follow up letters
  - ❁ Guest Speakers
- ❁ Sports Fair
- ❁ Coach Team Meetings
- ❁ Information On Line



# Stakeholder Unity



-  Sports Fair
-  Coach Team Meetings
-  Information On Line



# LoA Code of Conduct

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## **1st Offense:**

- 1. Parent notification.**
- 2. Two week suspension two from team.**
- 3. Reinstatement:**
  - a. Writing a reinstatement.**
  - b. Meeting with SAP.**
  - c. 10 hours of community service.**
  - d. Educational activity.**

# LoA Code of Conduct



## 2nd Offense:

1. Parent notification.
2. Suspension for remainder of the season.
3. Student will be ineligible to participate unless:
  - a. Writing a rehabilitation plan.
  - b. Attending, with parents, a meeting with SAP.
  - c. Community service.
  - d. Educational activity.
4. Failure to comply ends high school participation.

# LoA Code of Conduct



## 3rd Offense:

1. Parent notification.
2. Suspension for 365 days.
3. Reinstatement:
  - a. Writing a rehabilitation plan.
  - b. Attending, with parents, a meeting with SAP.
  - c. Community service.
  - d. Educational activity.
4. Failure to comply ends high school participation.

# Co-Curricular Activities

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- 🌱 **Class Officers**
- 🌱 **Police Explorers**
- 🌱 **Drama**
- 🌱 **Financial Literacy**
- 🌱 **National Honor Society**
- 🌱 **Peer Outreach**
- 🌱 **Prom Committee**
- 🌱 **Robotics**
- 🌱 **Yearbook**
- 🌱 **Tennis Club**
- 🌱 **Youth Action**
- 🌱 **Outbreak**
- 🌱 **Granite State Challenge**
- 🌱 **Reach High Scholars**
- 🌱 **International Club**
- 🌱 **Math Team**
- 🌱 **Recycling Club**
- 🌱 **Interact**
- 🌱 **Student Council**
- 🌱 **Forestry**
- 🌱 **Gay/Straight Alliance**
- 🌱 **RHS Site Council**

# Athletics



FALL	WINTER	SPRING
Soccer	Basketball	Baseball
Cross Country	Spirit	Softball
Football	Bowling	Spring Track
Volleyball	Winter Track	
	Unified Basketball	

