

Project AWARE

Director of Student Behavioral Health
Jessica Caron, LICSW

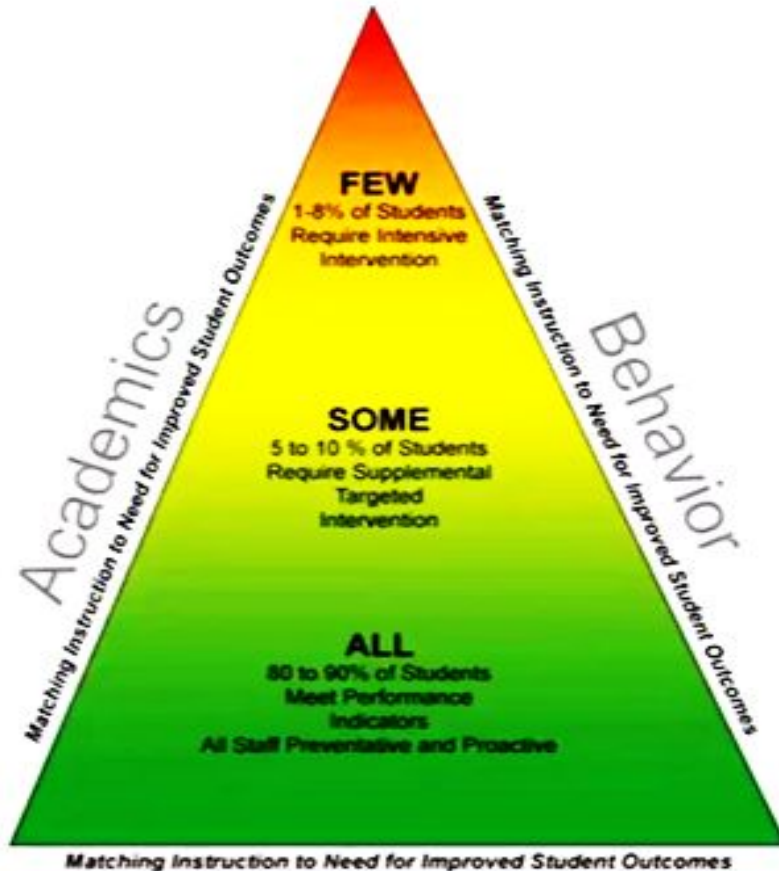
Project Goals

1. Increase mental health awareness among school aged youth.
2. Provide training to school personnel and other adults who work with school aged youth to detect/respond to mental health issues.
3. Connect school aged youth with behavioral health issues and their families to needed services.

Risk Factors for NH students

- 30% report living with someone who has/had a problem with alcohol or drugs
- 25% report going hungry at some point because there was not enough food at home
- 9% report having at least one parent or another adult in jail or prison.
- 14% report hearing adults in their home slap, hit, kick, punch, or hurt each other
- 16% report seriously considering attempting suicide.

MTSS - MULTI-TIERED SYSTEM OF SUPPORTS



Project AWARE will:

Support schools in adopting the MTSS-B

Increase use of evidenced based practices in each tier of support

Engage students, families and community in the process

Use data to inform the plan and assess progress.

Current Project AWARE activities

- Increase awareness of project, goals and activities.
- Identify strengths and needs as it relates to the project goals at each school
- Review current policies, processes, procedures for managing student behavior as well as identifying students for tier II and tier III supports
- Support counselors, nurses and social workers with supporting students remotely
- Engage key community stakeholders in order to maximize limited resources to make the most change possible for youth in the Raymond community.
Obtain their perspective of strengths and needs
- Increase capacity to further structure the MTSS-B at each school
- Identify SEL curriculum for each building