



Lamprey River Elementary School: Delivery of Health Education Curriculum

Wednesday, February 3, 2021



Current Model

Delivery:

Lamprey River Elementary has one health teacher, as part of the Unified Arts Team

Responsible for teaching all health education topics for grades K-3.

Curriculum:

Lessons and Units Developed through New Hampshire Elementary Schools Curriculum Guidelines.

Resources:

Online Websites, Community Resources, and Trade Books.

Proposed Model

Team Based Approach:

Using content experts to teach health topics specific to their skill set.

- Health Teacher
- PE Teacher
- School Counselor
- Nurse

Core Health Program:

- The Great Body Shop

Supplemental Resources:

- Community Resources
- Teacher Developed Lessons Units
- High Quality Trade Books

About the Program



THE GREAT BODY SHOP is a comprehensive health education curriculum that is sequential, developmentally appropriate, culturally sensitive and medically accurate. THE GREAT BODY SHOP is aligned to the National Health Education Standards. THE GREAT BODY SHOP is aligned to state and national standards for health education as well as the Healthy People 2020 initiative.

Each instructional unit includes a variety of assessments, both formative and summative. Assessments include performance tasks, constructed response questions, pre and post tests, and unit quizzes.

More Information:

Title IVA Funds: \$3,050

<https://www.thegreatbodyshop.net/>



Topics: New Hampshire Elementary Schools Curriculum Guidelines

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- 1) Alcohol and Other Drugs
- 2) Injury Prevention
- 3) Nutrition
- 4) Physical Activity
- 5) Family Life and Sexuality
- 6) Tobacco
- 7) Mental Health
- 8) Personal and Consumer Health
- 9) Community and Environmental Health

Content Delivery

Topics: New Hampshire Elementary Schools Curriculum Guidelines

- 1) Alcohol and Other Drugs - School Counselors, Second Step/Red Ribbon Week
- 2) Injury Prevention - Health Teacher in conjunction with Fire Department, Great Body Shop
- 3) Nutrition - Health Teacher, Great Body Shop
- 4) Physical Activity - PE Teacher, Current Curriculum/Great Body Shop
- 5) Family Life and Sexuality - School Counselors, Second Step
- 6) Tobacco - School Counselors, Second Step/Red Ribbon Week
- 7) Mental Health - School Counselors Second Step/Social Thinking/
- 8) Personal and Consumer Health - Health Teacher, Great Body Shop
- 9) Community and Environmental Health - Health Teacher, Great Body Shop

Benefits

Important for students to hear health related topics presented by multiple educators in the building- Collaboration amongst these varied educators

Frees up more time in Mr. Roy's yearly curriculum plans to implement more STEM related activities

Questions and Comments

