

Raymond School District Policy - JLDB-R

SUICIDE PREVENTION AND RESPONSE - PROCEDURE

FOR REDACTION

The Raymond School District recognizes that suicide is a complex issue that requires school family, and community resources to be harnessed for appropriate and timely help to be available to NH students in order to prevent suicide. Policy JLDB guides the Raymond School District in the development and implementation of a coordinated plan to prevent, assess the risk of, intervene in, and respond to suicide.

This coordinated plan includes these five areas:

1. Staff Training,
 2. Educating students,
 3. Identifying contact people,
 4. Referral and interventions,
 5. Cooperating with local resources.
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1. Raymond Schools will conduct 2 hours of training for staff in suicide awareness and prevention. This training will occur annually. Staff includes faculty, staff, contracted personnel, and designated volunteers. Such training may include but not limited to: youth suicide factors, warning signs, protective factors, response procedures, referrals, post-intervention, and resources available within the school and community.
 - *By March 30, 2021, Raymond Schools will have completed 2 hour trainings with staff. Raymond Schools will review evidence-based materials from local resources such as the Raymond Coalition for Youth, NH NAMI, and NH Suicide Prevention Resource Center. Raymond Schools will use published materials and self-training materials that may include handouts, face-to face presentations, and online videos. Raymond schools will develop a procedure for ensuring this annual training requirement is completed and met.*
 2. Raymond Schools will educate students in the importance of safe and healthy choices and coping strategies, recognizing risk factors and warning signs of mental disorders and suicide in oneself and others. The schools will provide students with help-seeking strategies for oneself or others, including how to engage resources and refer friends for help.
 - *Raymond Schools will use evidenced-based resources such as, but not limited to: the Michelle Garcia Winner's Social Thinking Framework, Second Step Program, Michigan Model for Health, and lessons delivered as part of the Raymond Health Curriculum. Raymond Schools supplement lessons with self-training materials as student developmental needs require.*
 3. Raymond Schools will identify the person(s) who serve as the point of contact when a student is believed to be at an elevated risk for suicide.
 - *Raymond Schools will post a flyer that identifies the contact names for each school. It will be available for students, parents, and staff, and counselors will have the information readily available.*

4. Raymond Schools will have suicide prevention information available for students, parents, faculty, staff and school volunteers. This information will include outside referrals to community organizations and crisis intervention services.
 - *Raymond Administrators, Counselors, Social Workers, Psychologists and other related personnel will create and have referral and crisis intervention information packets available for students, parents, faculty, staff and school volunteers.*

5. Raymond Schools will demonstrate cooperative efforts between school districts, charter public schools, and community suicide prevention program personnel.
 - *Raymond Schools will work cooperatively with local resources, such as the Raymond Coalition for Youth, Seacoast Mental Health Center, and Raymond Police Department. Procedures for establishing meeting times will be developed each year.*

Adopted: June 3, 2020