

COORDINATED SCHOOL HEALTH PROGRAM

*Proposed new policy second reading October 21, 2020.
Proposed new policy represents NHSBA sample policy in its entirety.*

The School Board recognizes the importance of addressing student and staff health issues in a comprehensive manner. The Board therefore adopts the Whole School, Whole Community, Whole Child (“WSCC”) model framework established by the Centers for Disease Control for addressing health in schools. The WSCC model is student-centered and emphasizes the role of the community in supporting the school, the connections between health and academic achievement and the importance of evidence-based school policies and practices. The ten components of the program include:

1. Physical education and physical activity.
2. Nutrition environment and services.
3. Health education.
4. Social and emotional school climate.
5. Physical environment.
6. Health services.
7. Counseling, psychological and social services.
8. Employee wellness.
9. Community involvement.
10. Family engagement.

The District will strive to promote health using a systemic approach that integrates the ten components to improve student academic performance and overall well-being. This can only result from the cooperation, communication, and collaboration of various staff. Parents also play a crucial role. Coordinated School Health involves the coordination of existing programs, rather than the establishment of a new program and aims to achieve long-term benefits from all ten components on the health of individual children and staff members.

In the spirit of coordinating this Program with existing District programs, the Board encourages the School Wellness Committee to review the implementation of the ten components and how they are coordinated throughout the district and report to the Board at least annually on the success of the Coordinated School Health Program. Additionally, the Committee should seek and identify opportunities for grant funding to support Coordinated School Health activities.

Proposed New Policy Second Reading: October 21, 2020