

## PHYSICAL EXAMINATIONS OF STUDENTS

Each child must have a complete physical examination within one year preceding first entry to school. The Board also requires that physical exams be completed before entry into middle school and again before high school. No medical examination shall be required of a child whose parent or guardian objects thereto in writing on the grounds such medical examination is contrary to his/her religious tenets and teachings.

Parents of students transferring to the District must present proof of meeting the physical examination requirement within 30 days of entry into the District's schools. Failure to comply with this provision may result in exclusion from school for the child.

Prior to participation on a school athletic team, students must provide written documentation that they have passed a physical. Such exam must be completed at least once every school year. This requirement does not apply to students participating in intramural athletics. The school may schedule physical exams; any student who misses the scheduled physicals must present evidence of a physical exam from his/her own licensed health care provider.

Physical examination reports of the physician will be considered to be sufficient for athletic participation. The report must include a statement that the student is cleared to participate in the physical activity. The physician should be asked to note if it is a routine physical or a sports physical.

No child shall be excused from regular physical education except on the written notice of a duly licensed health care provider or on the written request of the parents, subject to the Superintendent's approval, in which case an alternative program shall be provided. The physical education teacher, school nurse, or principal, upon the request of the parents, may grant temporary excuses on a day-to-day basis.

### **Parent Notification - Certain Circumstances**

Pursuant to the Protection of Pupil Rights Amendment, if the District utilizes federal money to perform physical exams or screenings on students, the District will notify parent(s) of such physical exam or screening and will allow the parent's to "opt out" their child of any non-emergency, invasive physical exam or screening required as a condition of attendance, administered by the school or its agent and scheduled by the school, and not necessary to protect the immediate health and safety of a student or of another student, except for hearing, vision, or scoliosis screenings, or any physical exam or screening permitted or required under state law.

#### *Legal Reference:*

*RSA 141-C:20-c, Exemptions*

*RSA 200:32, Physical Examination of Pupils*

*RSA 200:38, Control and Prevention of Communicable Diseases: Duties of School Nurse*

*NH Code of Administrative Rules, Section Ed. 311.03, Physical Examination of Students*

*No Child Left Behind, Title II, Sec 1061*

*Protection of Pupil Rights Amendment, 20 U.S.C. §1232h; 34 C.F.R. Part 98*

Adopted: February 1, 1979

R/R: 5/19/94

Revised: August 1, 2002

Revised: October 6, 2010

Revised: February 20, 2019