

**2017 Iber Holmes Gove Middle School  
Youth Risk Behavior Survey  
Raymond, NH**

Prepared by

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**Demographic Data**

| <b>AGE</b>              | Frequency | Percent |
|-------------------------|-----------|---------|
| 10 years old or younger | 3         | 1.3     |
| 11 years old            | 34        | 14.4    |
| 12 years old            | 69        | 29.2    |
| 13 years old            | 84        | 35.6    |
| 14 years old            | 42        | 17.8    |
| 15 years old            | 2         | .8      |
| 16 years old or older   | 0         | 0       |
| Total                   | 234       | 99.2    |

| <b>Sex</b> | Frequency | Percent |
|------------|-----------|---------|
| female     | 116       | 49.2    |
| male       | 118       | 50.0    |
| Total      | 234       | 99.2    |

| <b>Grade Level</b>    | Frequency | Percent |
|-----------------------|-----------|---------|
| 6 <sup>th</sup> grade | 71        | 30.1    |
| 7 <sup>th</sup> grade | 90        | 38.1    |
| 8 <sup>th</sup> grade | 74        | 31.4    |
| Total                 | 235       | 99.6    |

| <b>Hispanic</b> | Frequency | Percent |
|-----------------|-----------|---------|
|-----------------|-----------|---------|

|       |     |      |
|-------|-----|------|
| no    | 197 | 83.5 |
| yes   | 12  | 5.1  |
| Total | 209 | 88.6 |

| <b>Race</b>                       | Frequency | Percent |
|-----------------------------------|-----------|---------|
| American Indian or Alaskan Native | 9         | 3.8     |
| Asian                             | 2         | .8      |
| Black or African American         | 5         | 2.1     |
| White                             | 201       | 85.2    |
| Total                             | 217       | 91.9    |

**Data by topic****School Performance and Community Relations**

|   | Frequency | Percent |
|---|-----------|---------|
| Students who describe their grades as mostly D's or F's in school                                 | 34        | 1.6     |
| Students who agree or strongly agree that they feel like they matter to people in their community | 178       | 75.5    |
| Students who agree or strongly agree that they feel like they matter to adults in their school    | 174       | 73.8    |

**Safety**

|   | Frequency | Percent |
|---|-----------|---------|
| Students who most of the time or always wore a helmet while riding a bicycle  | 122       | 51.7    |
| Students who sometimes or most of the time wore a helmet while rollerblading or skateboarding   | 28        | 11.9    |
| Students who most of the time or always wore a seat belt when riding in a car   | 230       | 97.5    |
| Students who rode in a car or other vehicle driven by someone who had been drinking alcohol one or more times during the past 30 days                   | 32        | 13.6    |
| Students who have carried a weapon  | 97        | 41.1    |
| Students who have carried a weapon to school  | 7         | 3.0     |
| Students who were in a physical fight   | 84        | 35.6    |
| Students who were in a physical fight in which they were injured and had to be treated by a doctor or nurse one or more times during the past 12 months | 8         | 3.4     |
| Students who were in a physical fight on school property one or more times during the past 12 months  | 38        | 16.1    |
| Students who have been bullied on school property during the past 12 months   | 114       | 48.3    |
| Students who have been electronically bullied during the past 12 months   | 83        | 35.2    |

**Reasons for Not Using Helmet \***

|  | Frequency | Percent |
|--|-----------|---------|
| Students who do not wear a helmet because they do not ride a bicycle, rollerblade, or ride a skateboard.   | 30        | 12.7    |
| Students who do not wear a helmet because they do not own a helmet.  | 15        | 6.4     |
| Students who do not wear a helmet because they do not want to wear a helmet because they worry what others think.  | 22        | 9.3     |
| Students who do not wear a helmet because none of their friend wear a helmet.  | 20        | 1.3     |
| Students who do not wear a helmet because they do not believe they will get hurt if I have an accident.  | 17        | 7.2     |
| Students who do know why they do not wear a helmet.  | 54        | 22.9    |
| Students do not wear a helmet for other specified reasons, including:<br>doesn't fit<br>don't care about wearing one<br>don't like the way it feels on my head<br>FOR SHORT DISTANCES THERE IS REALY NO NEED.<br>Forget to put it on<br>I ALWAYS WEAR A HELMET<br>I always wear one<br>I am Lazy<br>I can't find mine<br>I do sometimes<br>I don't wear a helmet when I am in my backyard but I wear one a bike ride<br>I don't wear one only in my driveway<br>I don't want to<br>I don't ware a helmet because it uncuntidle<br>i dont own one<br>I DONT WANT TO<br>I land most of my tricks and I position myself so I don't get hurt |           |         |

### Sexual Behavior

|   | Frequency | Percent |
|---|-----------|---------|
| Students who have had sexual intercourse  | 7         | 3.0     |
| Students who have had sexual intercourse before age 13 years                        | 2         | 0.8     |
| Students who have had sexual intercourse with 2 people or more people               | 1         | 0.4     |
| Students, or their partners, who used a condom during last sexual intercourse       | 8         | 3.4     |
| Students who had you ever been taught about AIDS or HIV infection in school         | 111       | 47.0    |
| Students who had you ever been taught about sexually transmitted diseases in school | 104       | 44.1    |

**Self-Injury and Suicide**

|   | Frequency | Percent |
|---|-----------|---------|
| Students who purposely hurt themselves (without wanting to die) one or more times during the past 12 months                       | 30        | 12.7    |
| Students who have friends who have purposely hurt themselves (without wanting to die) one or more times during the past 12 months | 54        | 22.9    |
| Students who have seriously thought about suicide   | 48        | 20.3    |
| Students who have had a plan for suicide  | 27        | 11.4    |
| Students who have attempted suicide   | 15        | 6.4     |

**Weight, Food and Physical Activity**

|  | Frequency | Percent |
|--|-----------|---------|
| Students who drank energy drinks on one or more days during the past 30 days                       | 52        | 22.0    |
| Students who drank energy drinks before playing in sports  | 9         | 3.8     |
| Students who drank energy drinks after playing in sports   | 4         | 1.7     |
| Students who drank energy drinks in place of a meal  | 3         | 1.3     |
| Students who drank energy drinks to stay awake   | 12        | 5.1     |
| Students who drank energy drinks because it is fun   | 4         | 1.7     |
| Students who drank energy drinks because there was nothing else to drink                           | 9         | 3.8     |
| Students who drank energy drinks for another reason  | 9         | 3.8     |
| Students who believe there is moderate or great risk of harm from drinking energy drinks regularly | 79        | 44.5    |
| Students who have had physical activity for at least 20 minutes                                    | 107       | 87.3    |
| Students who have watched more than 1 hour of TV on a school day                                   | 266       | 70.4    |
| Students who play on sports teams  | 142       | 57.2    |

**Electronic Vapor Use**

|  | Frequency | Percent |
|--|-----------|---------|
| Students who have used an electronic vapor product                               | 17        | 7.2     |
| Students who used an electronic vapor product on one or more of the past 30 days | 8         | 3.4     |

**Electronic Vapor Use****- Perception of Harm, Perception of Wrongness, Ease of Access\***

|  | Frequency | Percent |
|--|-----------|---------|
| Students who think people are at moderate or great risk to themselves, physically or in other ways, if they used an electronic vapor product every day | 155       | 65.5    |
| Students who think it is wrong or very wrong if someone their age uses an electronic vapor product   | 107       | 45.3    |
| Students who believe their friends think it is wrong or very for them to use an electronic vapor product   | 162       | 68.6    |
| Students whose parents think it is wrong or very wrong for them to use an electronic vapor product   | 219       | 92.4    |
| Students who think it would be easy or very easy to get an electronic vapor product  | 54        | 22.9    |

**Tobacco Use**

|  | Frequency | Percent |
|--|-----------|---------|
| Students who smoked a whole cigarette for the first time before age 13 years         | 5         | 2.1     |
| Students who smoked cigarettes on one or more of the past 30 days                    | 2         | 0.8     |
| Students who smoked cigarettes daily   | 2         | 0.8     |
| Students who used chewing tobacco, snuff, or dip, on one or more of the past 30 days | 0         | 0       |

**Tobacco - Perception of Harm, Perception of Wrongness, Ease of Access**

|   | Frequency | Percent |
|---|-----------|---------|
| Students who think people are at moderate or great risk to themselves, physically or in other ways, if they smoke one or more packs of cigarettes per day | 213       | 90.3    |
| Students who think it is wrong or very wrong if someone their age smokes tobacco*   | 140       | 59.3    |
| Students who believe their friends think it is wrong or very wrong for them to smoke cigarettes   | 184       | 77.9    |
| Students whose parents think it is wrong or very wrong for them to smoke tobacco  | 227       | 96.2    |
| Students who think it would be easy or very easy to get some cigarettes*  | 55        | 23.3    |

**Alcohol Use**

|  | Frequency | Percent |
|--|-----------|---------|
| Students who had at least one drink of alcohol on one or more days in their life           | 43        | 18.2    |
| Students who had their first drink of alcohol other than a few sips before age 13 years    | 20        | 13.1    |
| Students who had at least one drink of alcohol on one or more days during the past 30 days | 6         | 2.5     |

**Alcohol - Perception of Harm and Perception of Wrongness**

|   | Frequency | Percent |
|---|-----------|---------|
| Students who think people are at moderate or great risk to themselves, physically or in other ways, if they have five or more drinks of an alcoholic beverage each week         | 180       | 76.3    |
| Students who think people are at moderate or great risk to themselves, physically or in other ways, if someone their age drinks one or two alcoholic beverages nearly every day | 142       | 61.0    |
| Students who believe their friends think it is wrong or very wrong for them to drink alcohol everyday   | 185       | 78.4    |
| Students whose parents think it is wrong or very wrong for them to drink alcohol  | 221       | 93.6    |
| Students who think it would be easy or very easy to get alcohol   | 69        | 29.2    |

**Marijuana Use**

|   | Frequency | Percent |
|---|-----------|---------|
| Students who used marijuana one or more times during their life       | 8         | 3.4     |
| Students who tried marijuana for the first time before age 13 years   | 5         | 2.1     |
| Students who used marijuana one or more times during the past 30 days | 6         | 2.5     |

**Marijuana –  
Perception of Harm, Perception of Wrongness, Ease of Acquisition**

|  | Frequency | Percent |
|--|-----------|---------|
| Students who think people are at moderate or great risk to themselves, physically or in other ways, if they smoke marijuana once or twice a week | 163       | 64.8    |
| Students who think it is wrong or very wrong if someone their age smoke marijuana  | 162       | 68.6    |
| Students who believe their friends think it is wrong or very wrong if someone their age smoked marijuana   | 185       | 78.4    |
| Students whose parents think it is wrong or very wrong for them to smoke marijuana   | 220       | 93.3    |
| Students who think it would be easy or very easy to get some marijuana   | 34        | 14.4    |

**Drug Use (other than Alcohol or Marijuana)**

|  | Frequency | Percent |
|--|-----------|---------|
| Students who used any form of cocaine, including powder, crack, or freebase one or more times during their life  | 2         | 0.8     |
| Students who used steroids   | 2         | 0.8     |
| Students who have sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life | 15        | 6.4     |
| Students who have taken a prescription drug without a doctor's prescription to get high during their life  | 13        | 5.5     |
| Students who have taken a prescription drug without a doctor's prescription for the first time before age 13 years   | 10        | 4.2     |
| Students who have taken a prescription drug without a doctor's prescription to get high one or more times during the past 30 days                            | 3         | 1.5     |
| Students who used a needle to inject illegal drugs into their body   | 1         | 0.4     |
| Students were offered, sold, or given you an illegal drug on school property during the past 12 months   | 1         | 0.4     |

**Drug Use –  
Perception of Harm, Perception of Wrongness, Ease of Acquisition**

|  | Frequency | Percent |
|--|-----------|---------|
| Students whose friends have used drugs during the past 12 months   | 25        | 10.6    |
| Students who know an adult who has used, marijuana, crack, or other drugs  | 60        | 32.7    |
| Students who know an adult who has sold or dealt drugs   | 29        | 12.2    |
| Students who think people are at moderate or great risk to themselves, physically or in other ways, if they try take a prescription drug without a doctor's prescription | 204       | 86.5    |
| Students who believe their friends think it is wrong or very wrong if someone their age took a prescription drug without a doctor's prescription                         | 199       | 84.3    |
| Students whose parents think it is wrong or very wrong if someone their age took a prescription drug without a doctor's prescription                                     | 222       | 94.0    |
| Students who think it would be easy or very easy to get a prescription drug without a doctor's prescription  | 46        | 19.5    |
| Students who think it would be easy or very easy to get cocaine, LSD, or amphetamines  | 9         | 3.8     |

**Drug Use – Reasons for Use\***

|  | Frequency | Percent |
|--|-----------|---------|
| Students who used tobacco, alcohol, marijuana, prescription drugs, or other drugs because they were experiencing stress.   | 3         | 1.3     |
| Students who used tobacco, alcohol, marijuana, prescription drugs, or other drugs because they were bored/ nothing to do.  | 0         | 0       |
| Students who used tobacco, alcohol, marijuana, prescription drugs, or other drugs because their parents say it is okay.  | 2         | .8      |
| Students who used tobacco, alcohol, marijuana, prescription drugs, or other drugs because they wanted to fit in with peers.  | 1         | .4      |
| Students who used tobacco, alcohol, marijuana, prescription drugs, or other drugs because it was easy to get/ already there.   | 0         | 0       |
| Students who used tobacco, alcohol, marijuana, prescription drugs, or other drugs because of their nerves or anxiety.  | 5         | 2.1     |
| Students who don't know why they used tobacco, alcohol, marijuana, prescription drugs, or other drugs.   | 4         | 1.7     |
| Students who used tobacco, alcohol, marijuana, prescription drugs, or other drugs because they have an addiction   | 0         | 0       |
| Students who used tobacco, alcohol, marijuana, prescription drugs, or other drugs for unspecified reasons  | 4         | 1.7     |
| Students who used tobacco, alcohol, marijuana, prescription drugs, or other drugs for other specified reasons, including:<br>“(prescription drugs) back pain”<br>“dad drinks”<br>“feels good”<br>“had vicodin prescribed to me for my tailbone<br>“marijuana soothes my back pain”<br>“vaping was to make sure I didn't like it and the alcohol was for New Years only.” |           |         |

Note: not all students answered every question on the survey. There may be missing responses to some of the questions. The total number of responses for each question varies, and this variation will create differentials in the percentages.

Percentages colored in green indicate a positive reduction or increase from the 2015 data (i.e., desired results from preventative efforts).

Percentages colored in red indicate a negative reduction or increase from the 2015 data (i.e., areas needing attention for preventative efforts).

Items with \* are new to the 2017 YRBS and do not have a 2015 comparison.