

Behavioral Health & Wellness

Raymond School District
School Board Presentation 10/18/23

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Today:

Mental Health Facts

Updates

- Behavioral Health Advisory Team
- Behavioral Health Department
- Nursing Department

Success Stories

National Mental Health Facts

- CDC YRBS national data: Nearly all indicators of poor mental health and suicidal thoughts and behaviors increased from 2011 to 2021
- 1 in 6 U.S. youth aged 6-17 experience a mental health disorder each year
 - 50% of all lifetime mental illness begins by age 14, and 85% by age 24
 - Suicide is the 2nd leading cause of death among people aged 10-14 and the 3rd leading cause of death among those aged 15-24 in the U.S.
- 50.6% of U.S. youth aged 6-17 with a mental health disorder received treatment in 2016 (47.2% for adults)
- Youth mental-health related emergency department visits increased by 31% during the COVID pandemic
- 1 in 5 U.S. adults experienced mental illness in 2021

References:

<https://nami.org/mhstats> April 2023
[CDC YRBS Data Summary & Trends](#)

Local Facts

- Seacoast Mental Health Center has seen an increase in youth clients in the last 5 years, no more “lulls” through the year
 - 2018-2019: 9,156 clients
 - 2022-2023: 11,376 clients
- 38 students so far this year have been referred to our Student Assistance Program Counselors at IHGMS & RHS (substance use, at risk behaviors)
- 75 students/families so far this year are being supported by the Social Workers across the district (20 are IEP services)

Updates

Updates

- Facilitating monthly team meetings for district vertical alignment, improved consistency around practices/procedures, and support
 - **Behavioral Health Advisory Team**
 - **Behavioral Health Department** (and sub groups within BH)
 - **Nursing Department**
- Weekly/bi weekly Tier 1 and Student Intervention Team meetings at each school
- Monthly SEL program meetings at each school
- SWIS: all staff are now directly entering in discipline referrals
- Behavioral Health Professional Development

Behavioral Health
Advisory Team
Updates

BHAT Membership/Mission Review

Members:

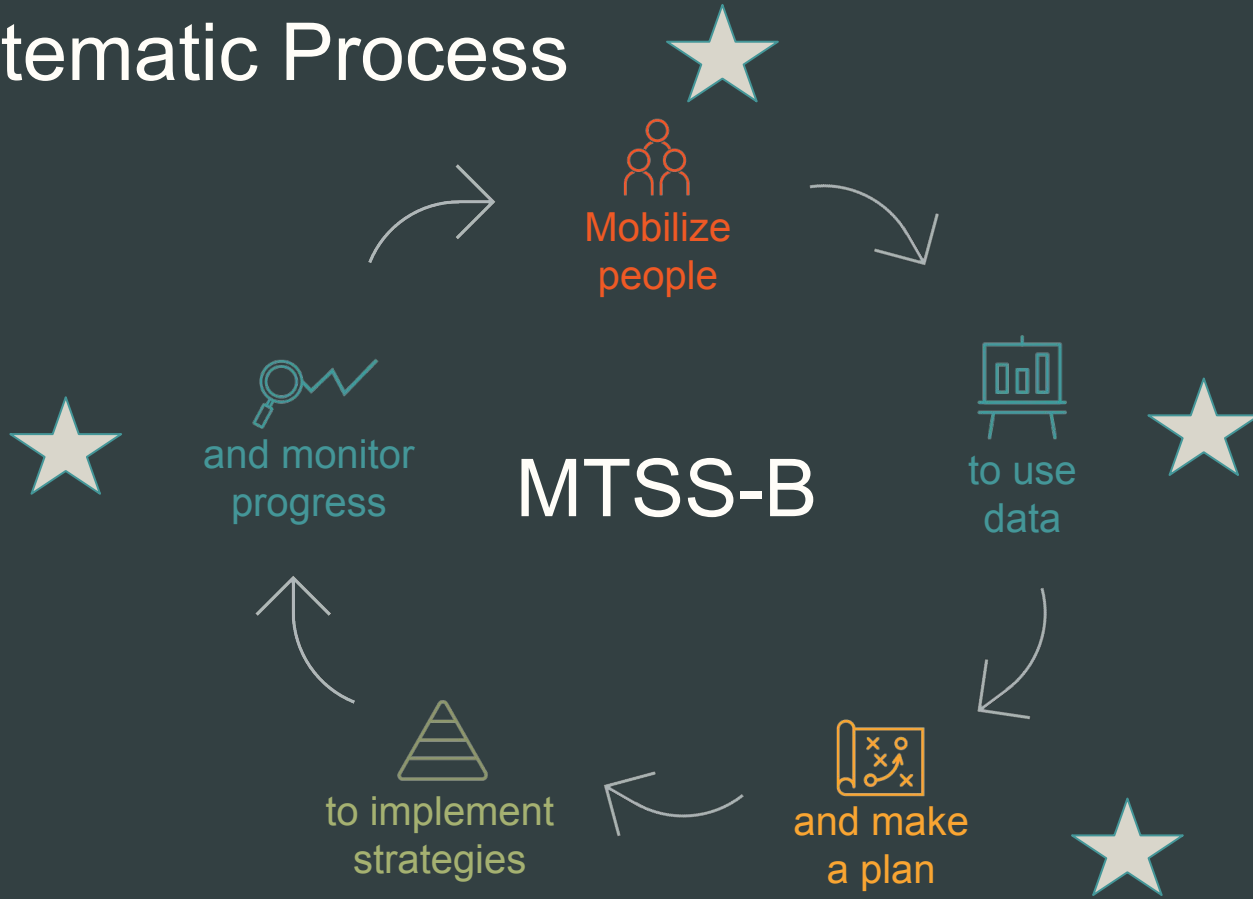
SAU + Building Administrators, Behavioral Health staff, Seacoast Mental Health Center, Raymond Coalition for Youth, Parents

Mission:

The Raymond School District and Community are committed to the **social and emotional wellness of students**. Key stakeholders and decision makers provide collaborative guidance to support the wellness of our school communities by **identifying resources and implementing the multi-tiered system of support framework**.

Meets 1x/mo for 90 minutes

A Systematic Process



Data Review by BHAT in Sept/Oct Meetings:

Reviewed data from last year, and over the past few years where available:

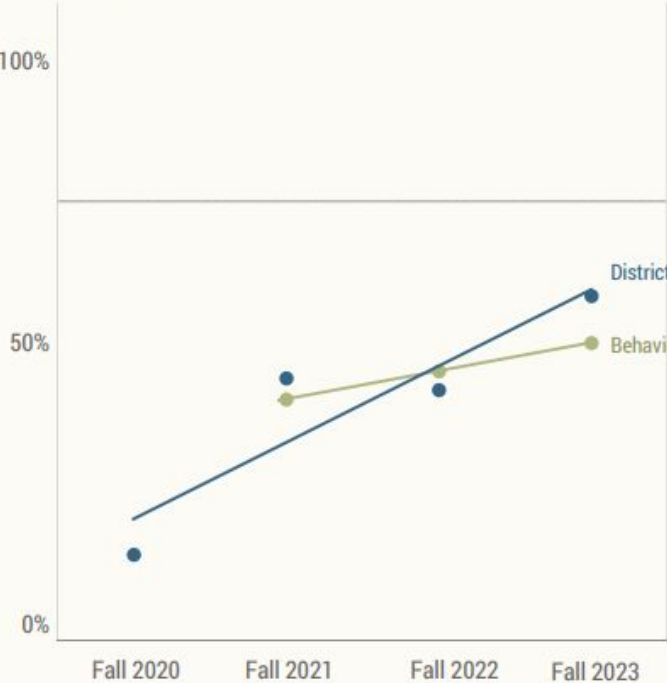
- Crisis: interventions, # of events, types of events
- Attendance/Truancy
- Discipline: ISS/OSS, Office Discipline Referrals, referral reasons
- Drop out rates
- Free/reduced lunch
- Special Education rates
- Community Data
- **MTSS-B Fidelity Inventory Results**
- YRBS (next meeting)

**Smaller scope of data review is also occurring in school level Tier 1 teams to inform action planning for this year.

MTSS-B Fidelity Inventory Results

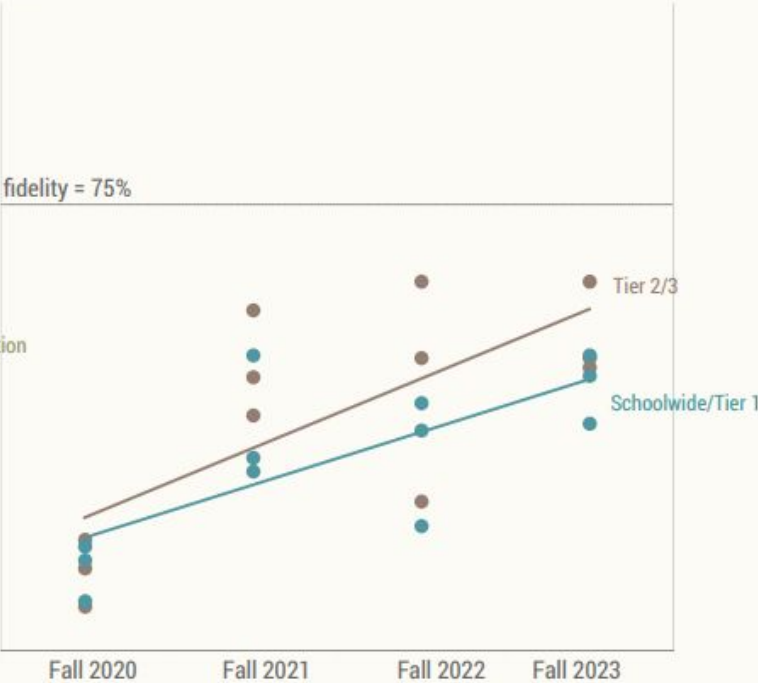
District-level modules

Each dot = one administration



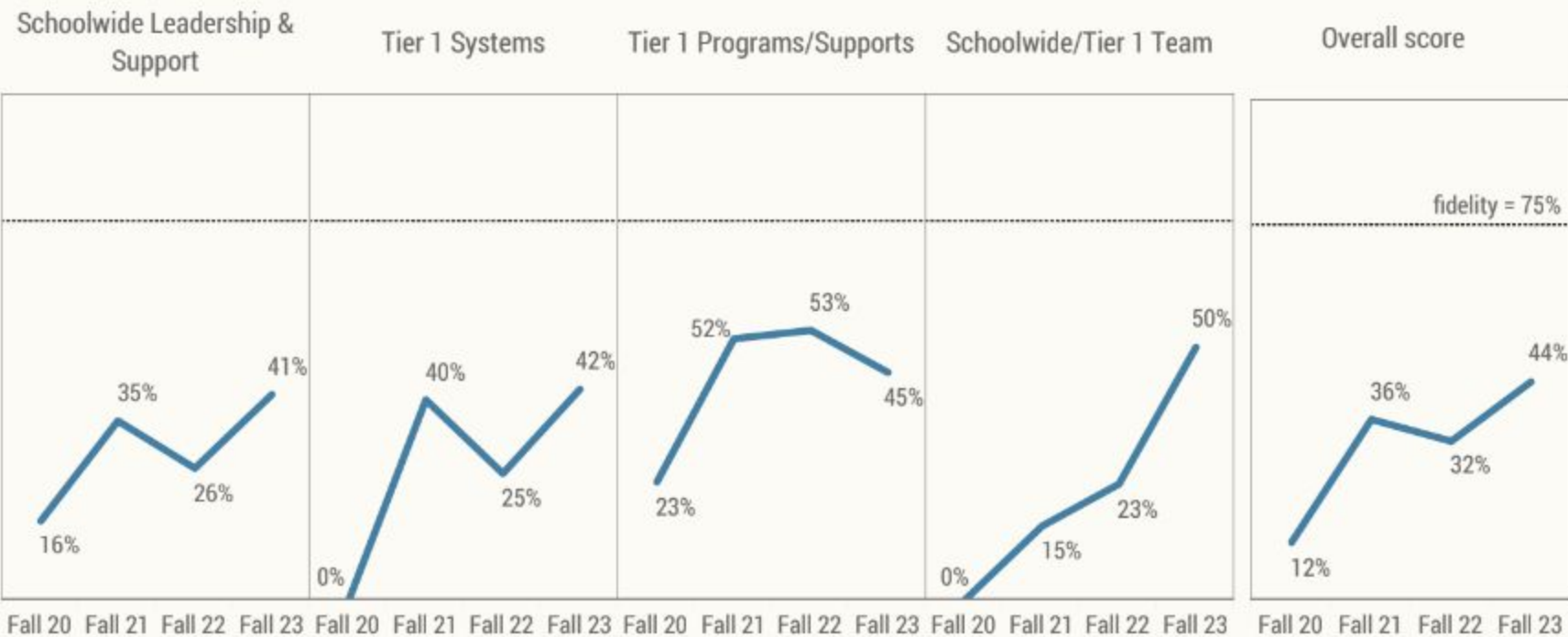
School-level modules

Each dot = one school



School-level modules (n=3)

Schoolwide/Tier 1 domains

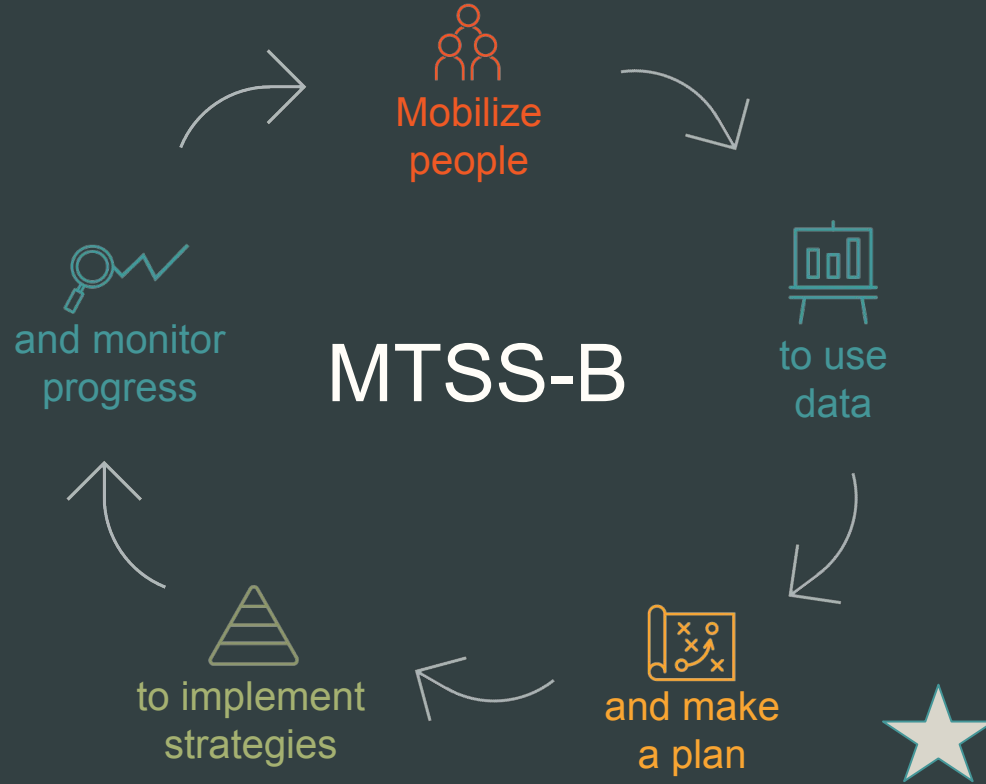


BHAT Priorities for 2023-2024

Based on data, progress on previous BHAT goals, and RSD strategic plan goals, the team identified the following priorities to focus on:

- 1. Increase Tier 1 Fidelity**
- 2. Restorative Practices**
- 3. Behavior Data Reporting Procedures**

BHAT Next Steps



Behavioral Health
Department Team
Updates

Behavioral Health Department

- Meets 1x/mo for 90 minutes
- Includes school counselors (6), SAP counselors (2), social workers (3), school psychologists (2), lead behavior coach (1), SMHC School Liaison (1)
- August/September topics:
 - Team building, welcome back!
 - Reviewed internal procedures/practices, roles within BH
 - Suicide screening, use of mobile crisis, facilitated referrals with Seacoast Mental Health Center
 - Align family consent procedures for Tier 2 and 3 services
 - Tier 2 Social Emotional Groups (10 have already started!)
- Hit the ground running to support students, staff, and families!
- October: Behavioral Health within special education

Nursing Department Updates

Visits this school year:

LRES: 936

IHGMS: 1,449

RHS: 686

Updates so far this year

- Meets 1x/mo for 60 minutes (Includes 3 school nurses)
- Onboarding new LRES and IHGMS nurses!
- Aligning procedures/practices– great communication amongst the team
- Ensure updated health forms for students (physicals, immunizations, allergy alerts)
- Worked with Bioridge Pharma in conjunction with Convenient MD to obtain free epi-pens (juniors and adults) for all 3 schools
- New AEDs for the schools
- LRES school wide health education: Halloween safety, hand washing/hygiene & bathroom etiquette

Other Happenings

- Coordinating vision and hearing screenings
 - Special education evaluations, new students, teacher requests
 - Pre-K early intervention screenings (4x/yr) are scheduled
- RHS Nurse providing CPR training to athletic department and coaches, scheduling trainings for staff for this year
- Working in conjunction with Rite Aid Raymond in setting up a Flu-clinic for RSD. Tentative Oct 25th or Nov. 1st, waiting for final info.
- Maintaining partnerships with community providers and with social workers and counselors to support student needs such as hygiene/self care, warm clothing, bedding, and support for the holidays for families.

Success Stories

Questions?

Thank you!

