In Raymond, we aim to support students and their families in addressing behavioral health needs in the same way we would a medical concern brought forth by the school. Understanding the stigma these health needs can carry, it is also the hope to help families understand they are not alone. Representative samples of NH students indicate MORE than 1 in 10 students will experience risk factors of suicide. Fortunately, there are services and supportive professionals willing to offer information and a helping hand.

If you have immediate and/or urgent concerns about your child, please contact NH Rapid Response Access Point by phone, text or chat: 833-710-6477 or <a href="NH988.com">NH988.com</a> for 24/7 Behavioral Health Crisis Support. If needed, they will deploy to your local community for face to face support.

If you are concerned about your child's behavioral health wellness, we welcome you to reach out to your school's Student Intervention Team (SIT). These teams aim to ensure academic growth and understand that a variety of factors can impact such growth and behavioral health wellness. These factors include but are not limited to: drug and alcohol use, attendance, homelessness and social connections. This team can identify how they can support your student with school and/or community based resources.

Parents and guardians can also reach out to the following community partners who work closely with all of our schools:

- Raymond Coalition for Youth (603) 895-7061
- Seacoast Mental Health Center (603) 772-2710