

# Behavioral Health

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Raymond School District School Board Presentation 7/26/23

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# Today:

- AWARE and SAP Grants Overview
- Updates
- Behavioral Health Advisory Team action steps
- End of Year Behavioral Health data
- Financial Sustainability

# AWARE/SAP Grants Overview

# Project AWARE Grant

## Advancing Wellness and Resiliency in Education

**Funded by:** Substance Abuse and Mental Health Services Administration (SAMHSA) through NH Dept. of Ed. Office of Social Emotional Wellness (NH DOE OSEW)

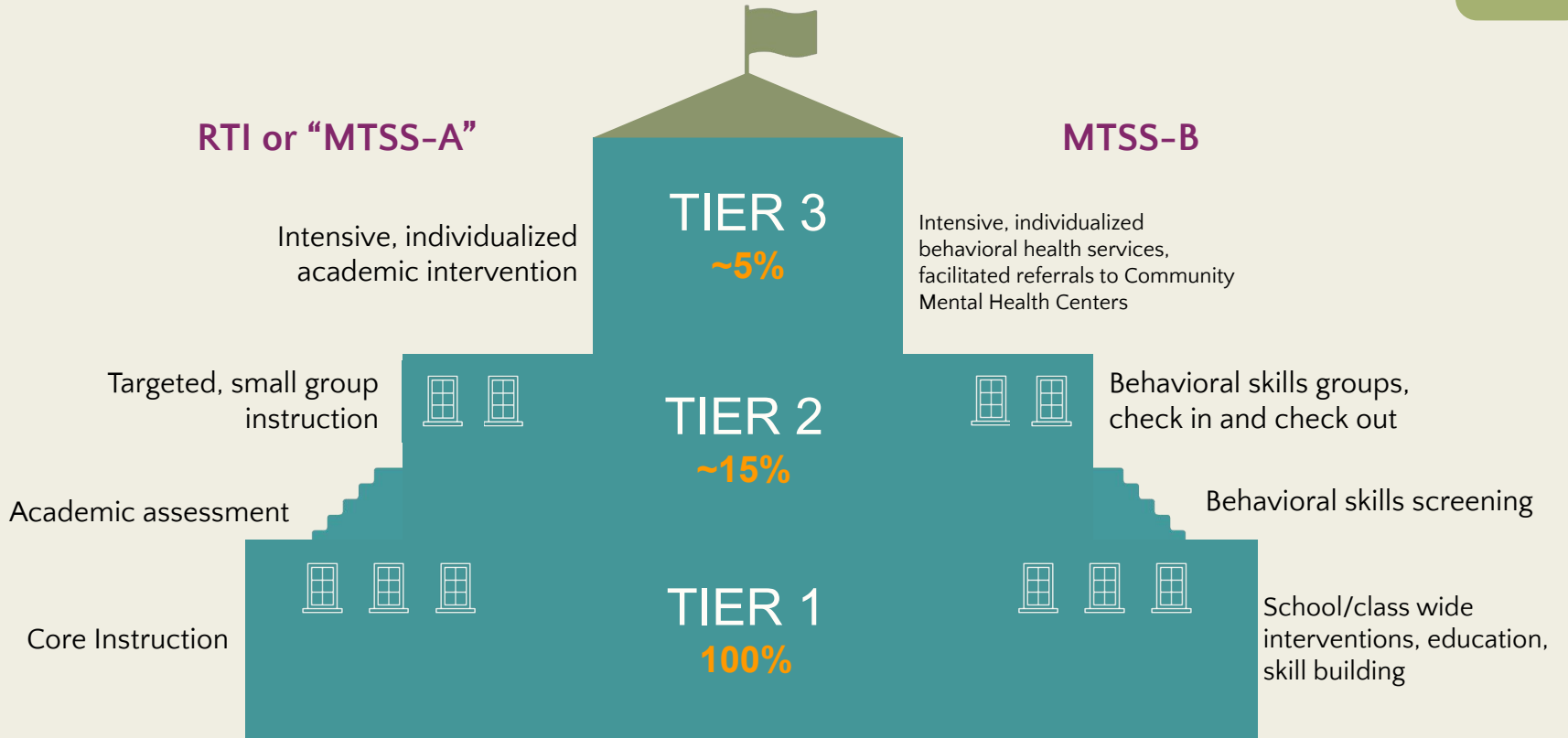
**Project Period:** 2019 to September 2024

### Goals:

1. Implement Multi Tiered System of Supports to increase access to services and supports for youth with social-emotional and behavioral health needs.
2. Increase mental health awareness and trainings in school communities.

**Activities** have included funding Director of Health and Wellness position, RHS Social Work position, professional development opportunities, supplies/materials and contracts for consultative support in this work.

# Multi Tiered System of Supports (MTSS)



# Student Assistance Program (SAP) Grant

**Funded by:** NH Bureau of Drug and Alcohol Services for Mental Health and Substance Use Prevention

**Project period:** yearly, just got approved for 2023-2024 school year

## **Goals:**

1. Help youth thrive and make healthy choices by increasing substance use and mental health prevention efforts, thereby reducing substance misuse.

**Activities** have included funding two Student Assistance Program Counselors, and professional development and materials to support Project SUCCESS (Schools Using Coordinated Community Efforts to Strengthen Students: Evidence-based program to prevent and reduce substance use among youth ages 12 to 18).

Updates



# Updates

- District Community Leadership Team renamed to Behavioral Health Advisory Team
  - Progress Monitoring Plan: Fidelity, Reach, Outcomes
  - Inventory of Tier 1 Supports
- Summer workshops: schools Tier 1 teams
- Student Intervention Team process developments w/ APs
- Behavioral Health team role definitions
- Behavior Coaches
- Professional Development opportunities

Behavioral Health  
Advisory Team  
Action Steps

# Behavioral Health Advisory Team Areas of Focus

1. Solidifying student crisis response procedures
2. Increasing Tier 1 fidelity
3. Improving behavior data collection processes
4. Ensuring family engagement is a priority in truancy interventions

# Student Crisis Response Procedures- Measurables

- DONE
  - Define a crisis
  - Inventory existing crisis protocols
  - Gather crisis materials relevant to crisis response in the district
- NEXT STEPS
  - AUG- Create hierarchical order of response
  - AUG- SMHC training on suicide screener + mobile crisis for BH
  - SEPT- Communicate plans/procedures out to all schools
  - Create a debrief process for responders and students

# Increasing Tier 1 Fidelity- Measurables

- **DONE**

- Develop consistent Tier 1 agenda template across schools
- Complete Quick Wins survey with Constellations to target high needs areas
- Monthly check ins at district Behavioral Health Advisory Team meetings
- Completed Tier 1 Inventory of Supports, began to identify PD/resource needs

- **ONGOING**

- Develop recognition programs to reinforce positive behaviors

- **NEXT STEPS**

- JULY/AUG- Tier 1 workshops to strengthen processes, set plans for SY
- AUG/SEPT- Behavioral health related trainings for staff during PD days

# Improving Behavior Data Collection- Measurables

- DONE
  - Buy in from admin and admin assistants to move to single referral process through SWIS to eliminate data entry errors and duplication of data entry
  - Brief overview of new process in SWIS
- NEXT STEPS:
  - JULY/AUG- Train all admin in SWIS
  - JULY/AUG- Align the SWIS discipline referral form to district procedures
  - AUG- align SWIS codes with PowerSchool codes
  - SEPT- create behavior data protocol to pull consistent reports from SWIS
  - SEPT- Training all staff in Discipline Referral entry directly into SWIS
  - OCT- all Tier 1 teams begin to analyze school wide discipline data monthly

# Family Engagement in Truancy- Measurables

- DONE
  - Identify lead at each school to serve on a district truancy team- SWs
  - Review all correspondence that goes home to families in regards to truancy to check for affirmative intent and clear and simple language
  - Identify flow chart to outline the process for identifying and intervening with students who are truant
- NEXT STEPS
  - SEPT- Finalize flow chart/intervention checklist
  - SEPT- Create script for those outreaching families that is trauma informed
  - OCT- Incorporate attendance data into Tier 1 and SIT meetings
  - OCT- Recommend improvements to Behavioral Health Advisory Team

Data



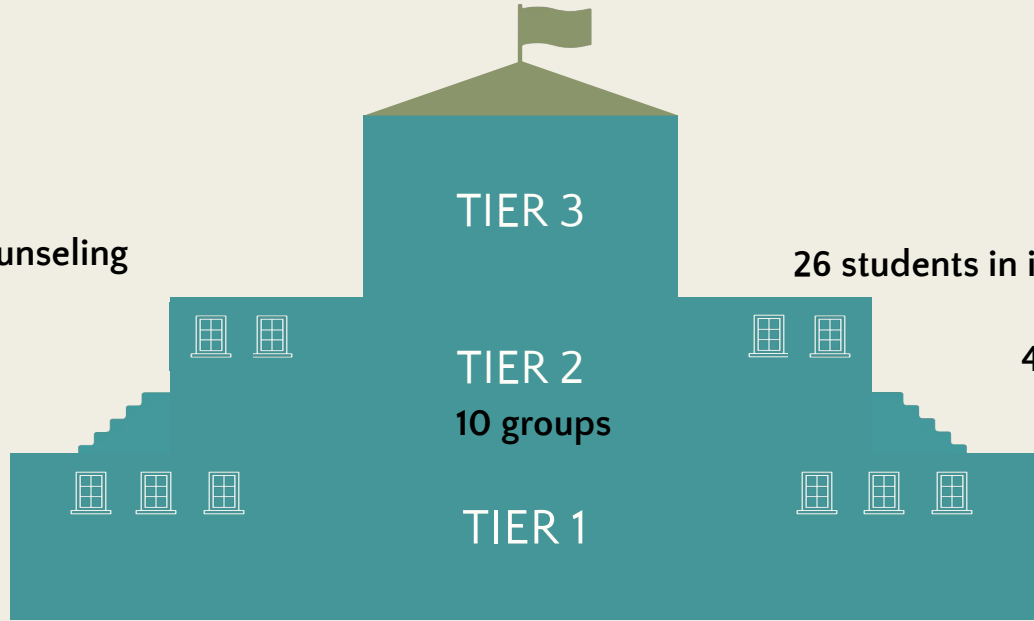
# 2022-2023 Student Assistance Program Impact

## IHGMS

15 students in individual counseling

44 students in groups

96 Students in Prevention Education Series  
43 Substance Use/Mental Health Presentations  
52 Consultations with administration  
154 Consultations with teachers/staff



## RHS

26 students in individual counseling

47 students in groups

143 Students in Prevention Education Series  
35 Substance Use/Mental Health Presentations  
58 Consultations with administration  
77 Consultations with teacher/staff

...and lots more!

# District wide: Number of Students who received Tier 2 and 3 services



# District Wide 2022-2023: Top 5 Reasons for Referral to Tier 2 and 3 services

1. Emotion Regulation/Self-Management- 54%
2. Social/Friendship Concerns- 41%
3. Family Concerns- 29%
4. Internalizing Behaviors- 22%
5. Externalizing Behaviors- 13%

\*\*Selected by Behavioral Health staff at the time of referral. More than one category can be selected.

# Crisis events: District-wide

August 15, 2022 - June 15, 2023

The numbers below reflect crisis events entered by behavioral health staff and are an under-representation of the total number of crisis events in which behavioral health staff may not be involved.

**222** crisis events

**78** unique students

**691** total staff hours

On average **2** staff each spent about **3** hours per crisis event.

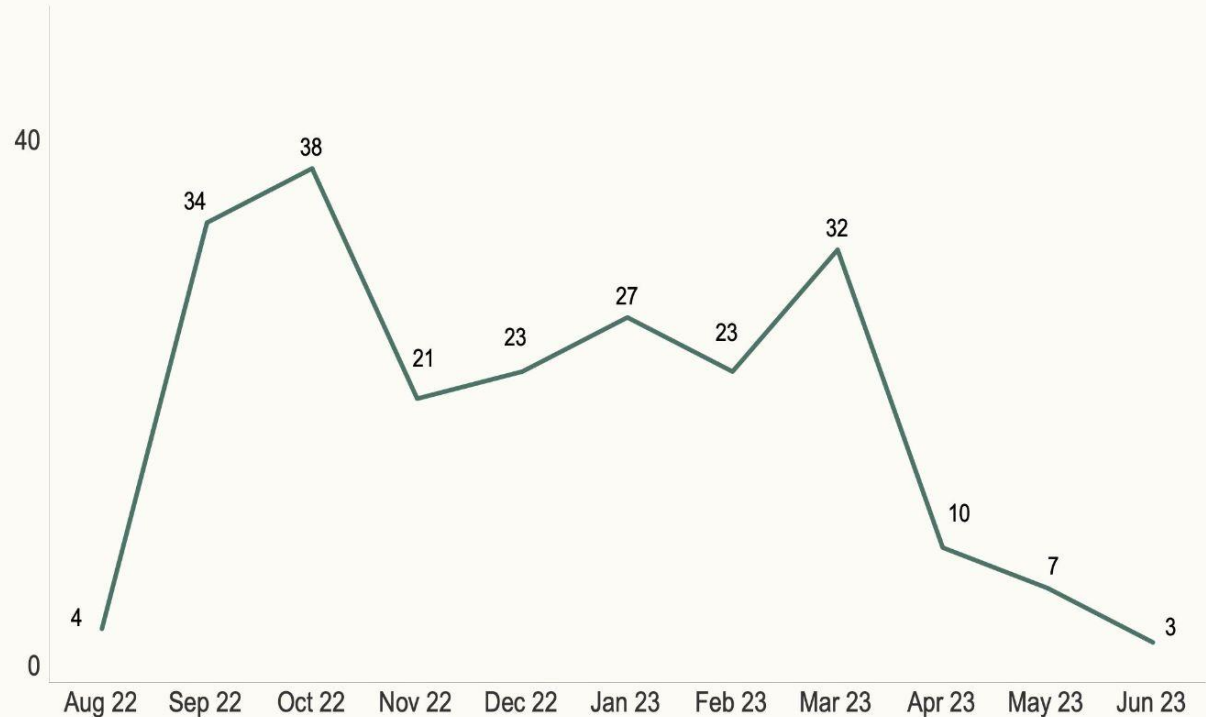
**Mobile Crisis= 27x**

**Police= 15x**

**Admin= 103x**

**Teacher/staff= 100x**

## Number of crisis events



# Crisis events by school

August 15, 2022 - June 15, 2023

	Lamprey River Elementary School	Iber Holmes Gove Middle School	Raymond High School
Crisis events	93	109	20
Crisis hours	92	131	48
Unique students	19	50	<10

## Type of crisis event

	Lamprey River Elementary School	Iber Holmes Gove Middle School	Raymond High School
Substance abuse	0%	1%	0%
Other safety concerns	0%	3%	0%
Fighting	0%	4%	0%
Harrassment/bullying	0%	8%	5%
Other significant disruptions	1%	11%	0%
Elopement	12%	10%	0%
Danger to others	38%	6%	5%
Danger to self	17%	28%	75%
Extreme emotional dysregulation	32%	28%	15%

# 2022-2023 Discipline Referrals by Location

LRES: Classroom, playground, cafeteria

IHGMS: Classroom, hallway, cafeteria

RHS: Classroom, library, bathroom

**Focus:** Tier 1 classroom supports/strategies

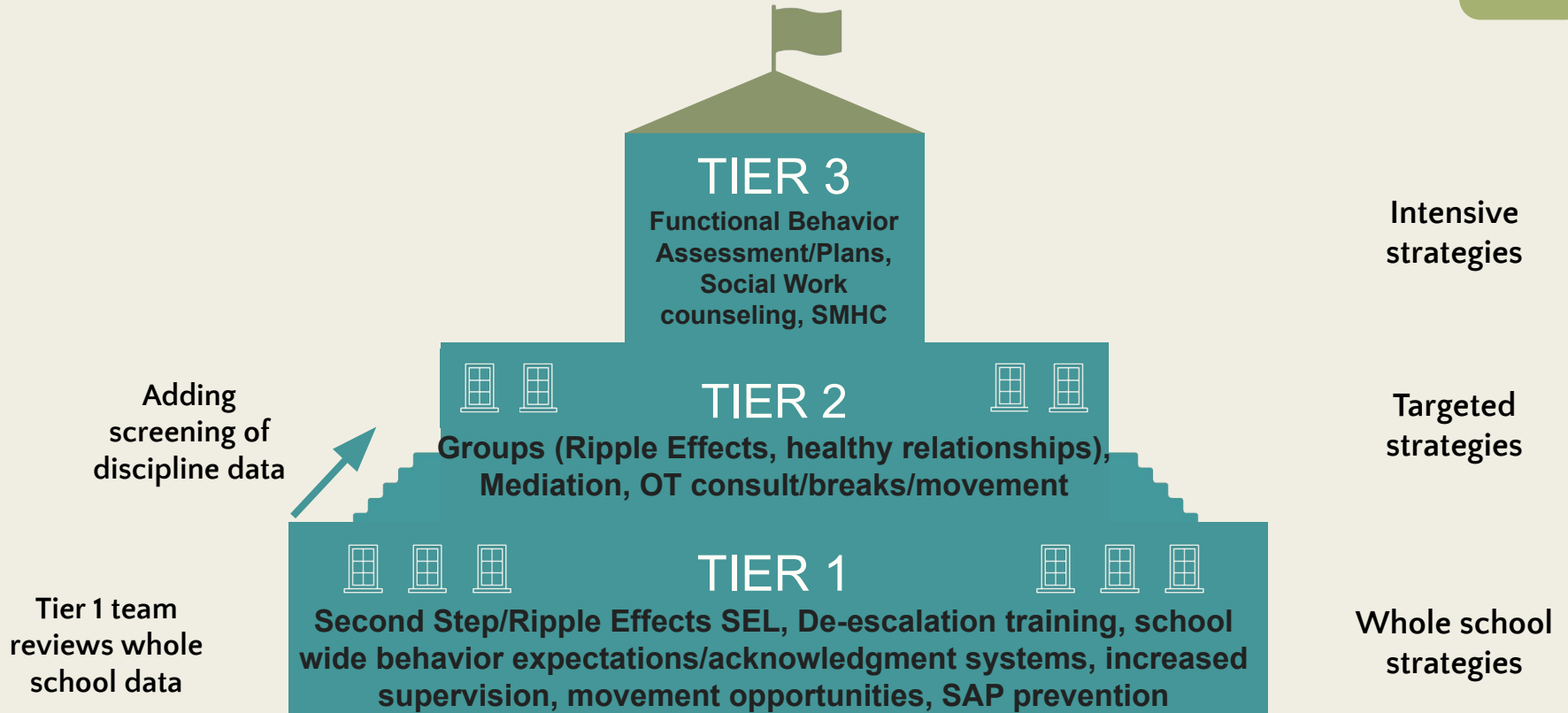
# 2022-2023 Discipline Referrals by Type of Behavior

LRES: Physical Aggression, Disrespect, Inappropriate language

IHGMS: Physical Aggression, Defiance, Disruption

RHS: Skipping, Defiance, Disrespect

# Physical Aggression Tiered Services





# Financial Sustainability

2022-2023 Expenses- AWARE/SAP/ESSER III (AWARE/ESSER go to 9/30/23)	Total Cost	Notes
<b>Supplies/Materials</b>	\$33,100	classroom regulation tools, Tier 2/3 intervention materials, outreach supplies
<b>Professional Development</b>	\$23,029	ASCA, SEL, BH staff
<b>Consultative Contracts</b>	\$109,634	Constellations, NABITA, Responsive Classroom, RCFY in REAP
<b>Positions/Staffing</b>	\$594,160.97	Director of Health and Wellness, Psychologist, RHS Social Worker (budgeted 71% in FY 23-24), IHGMS Social Worker, RHS SAP Counselor, IHGMS SAP Counselor
<b>TOTAL</b>	<b>\$759,924</b>	

2023-2024 Projected Expenses- AWARE/SAP/ESSER III	Total Cost	Notes
Supplies/Materials	\$25,000	intervention tools, supplies, outreach materials
Professional Development	\$64,000	NABITA, Responsive Classroom
Consultative Contracts	\$68,913.50	Systems implementation support, behavior/SEL consultation, RCFY in REAP
Positions/Staffing	\$612,748.14	Director of Health and Wellness, Psychologist, IHGMS Social Worker, IHGMS SAP Counselor, RHS SAP Counselor, LRES Pond Case Manager
<b>TOTAL</b>	<b>\$770,662</b>	

2024-2025 Forecasted Expenses	Total Cost	Notes
<b>Supplies/Materials</b>	\$6,000	intervention tools, supplies, outreach materials
<b>Professional Development</b>	\$25,000	ongoing SEL related training
<b>Consultative Contracts</b>	\$15,000	SMHC, behavior/SEL/MTSS consult
<b>Positions/Staffing</b>	\$600,748.14	Director of Health and Wellness, Psychologist, IHGMS Social Worker, IHGMS SAP Counselor, RHS SAP Counselor, LRES Pond Case Manager
<b>TOTAL</b>	<b>\$646,748</b>	

# Summary/Takeaways

- Motivated teams of people at the district and school levels working hard to advance **MTSS** efforts - need to increase whole school/community support
- The consistent collection and analysis of **data** to inform decision making needs to continue to be a focus
- Need continued time and money allocated for behavioral health related **Professional Development** for all staff
- High **Tier 2 and 3** service usage/need
  - Continue to strengthen **Tier 1**
  - Continue to fund Tier 2/3 behavioral health provider **positions** to meet the current needs (SAP counselors, Social Workers, Psychologist)
  - Continue to partner with Seacoast Mental Health Center

Thank you!

