## Behavioral Health

Raymond School District School Board Presentation 4/5/23

## Sam Horrigan

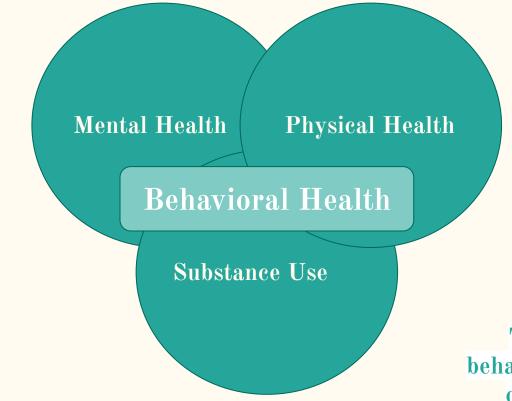
Director of Health and Wellness

s.horrigan@sau33.com 603-895-3394 x 4304

### Today:

- -What/who is "Behavioral Health"?
- -Behavioral Health Data
- -Our Response/Priorities

#### What is Behavioral Health?



The emotions and behaviors that affect your overall well-being.

### Who are our "Behavioral Health" providers?

SAU 33 Staff:

\*Director of Health and Wellness

\*2 School Psychologists

\*4 School Social Workers (\*2)

\*2 Student Assistance Program Counselors

5 School Counselors

2 Masters in Social Work Interns

\*\*\*grant funded

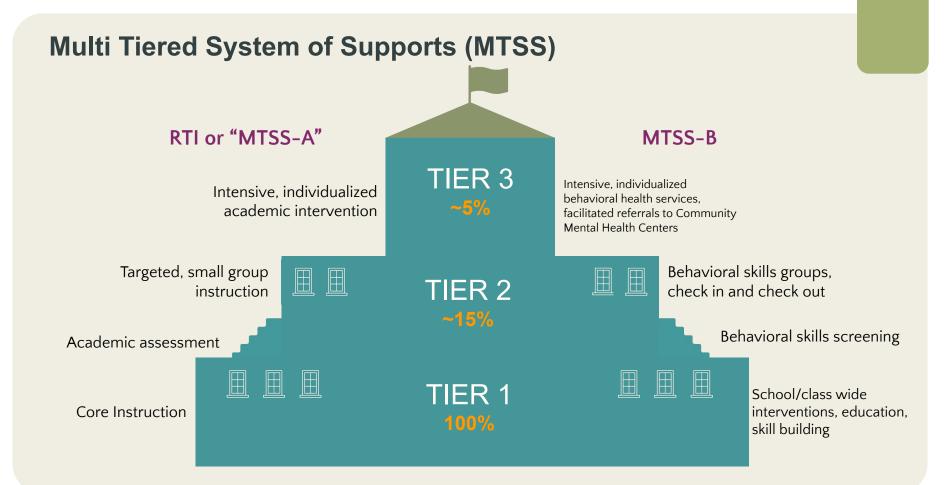
**Community Partnerships:** 

Seacoast Mental Health Center

Raymond Coalition for Youth

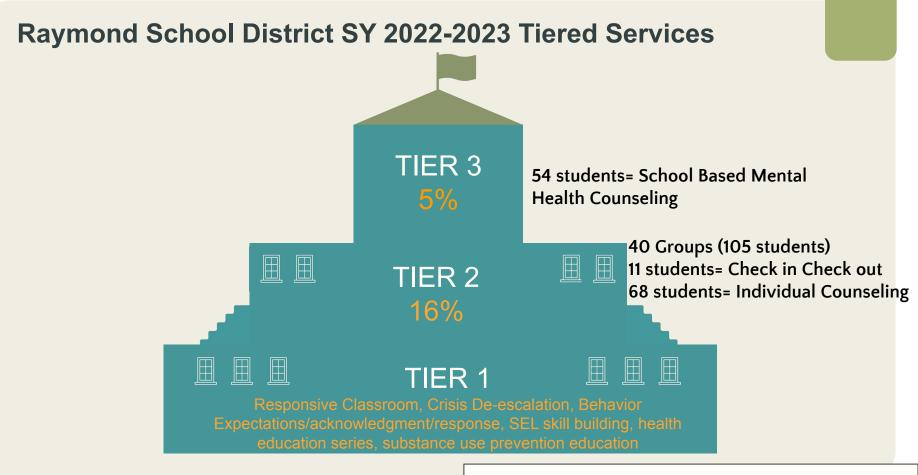
Constellations

The behavioral health of our students is the responsibility of our WHOLE COMMUNITY.









\*\*\*Based on total student enrollment as of 3/28 (1160). Does not include Substance Use counseling or IEP counseling.

#### Reasons for Referral to Tier 2 and 3 services

#### LRES:

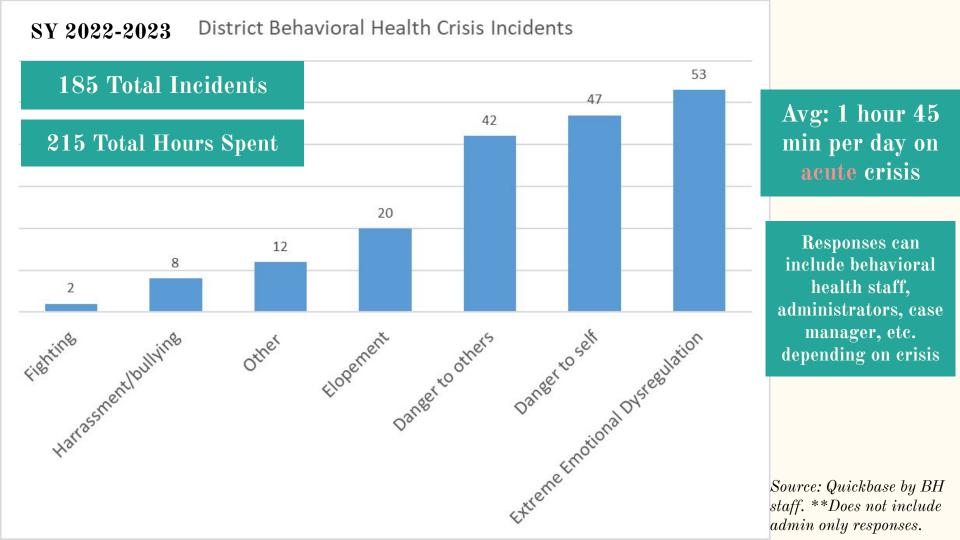
- 1. Emotion regulation/self management
- 2. Social/Friendship concerns
- 3. Externalizing behaviors
- 4. Internalizing behaviors
- 5. Exposure to trauma

#### IHGMS:

- 1. Emotion regulation/self management
- 2. Social/friendship concerns
- 3. Family concerns
- 4. Internalizing behaviors
- 5. Externalizing behaviors

#### RHS:

- 1. Family concerns
- 2. Social/friendship concerns
- 3. Emotion Regulation/self management
- 4. Internalizing behaviors
- 5. Exposure to trauma



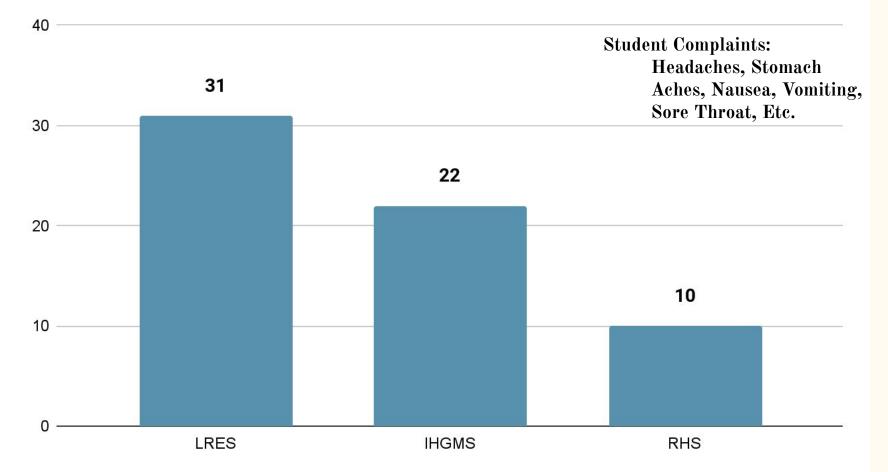
### SY 2022-2023 Office Discipline Referrals

Top 5 behaviors:

- Physical Aggression
- Defiance
- Disruption
- Disrespect
- Inappropriate Language

Source: SWIS

#### Average # Student Complaint Nurse Visits Per Day SY 2022-2023



# Our Response/ Priorities

## District/Community Leadership Team (DCLT)

Members:

SAU + Building Administrators, Behavioral Health staff, Seacoast Mental Health Center, Raymond Coalition for Youth, Parents

#### Mission:

The Raymond School District and Community are committed to the **social and emotional wellness of students**. Key stakeholders and decision makers provide collaborative guidance to support the wellness of our school communities by **identifying resources and implementing the multi-tiered system of support framework**.

## **DCLT Areas of Focus**

- 1. Solidifying student crisis response procedures
- 2. Increasing Tier 1 fidelity
- 3. Improving behavior data collection processes
- 4. Ensuring family engagement is a priority in truancy interventions

## **Other Priorities**

- Tiered supports inventory and community resource map
- Improve behavioral data based decision making
- Increase communication out to the whole school and community about behavioral health needs/supports
- Increase behavioral health related professional development opportunities for all staff
- Plan for sustainability beyond grants (positions, programs, activities)

# Thank you!