

School Event Healthy Snack Guidelines

~All food items served for celebrations and school sponsored events must follow Smart Snack regulation guidelines as specified in District Wellness Policy

~All activities may have only one non-compliant food item

~Fundraising must be approved by the building Principal

General suggestions to keep on the right track to Smart Snacks:

**Fresh Fruit or Veggies & non-fat dips*

**Baked Chips, Pretzels*

**Bagels, Popcorn (Low salt, low fat & low sugar varieties)*

**Low fat yogurt*

** Plain or flavored unsweetened water*

** Non carbonated unsweetened beverages.*

**No sugar added 100% Juices*

Raymond School Board Policy JLCG, Student Wellness

http://www.sau33.com/school_b.cfm?subpage=1051853

- E. **Food Sales:** All food items available through schools and school functions should meet or exceed nutritional standards established by the HHFKA and its “Smart Snack” guidelines
- F. **Fundraising Activities:** To support children's health and school nutrition-education efforts, school sponsored fundraising activities (direct school affiliation) should include foods that qualify under HHFKA and Smart Snack criteria. The Alliance for a Healthier Generation’s “Smart Snack Calculator” and the Food Service Director may be used as resources for determining qualifying items. Schools will encourage fundraising activities that promote physical activity. The school district will make available a list of ideas for acceptable fundraising activities.

Resources for food compliance

John Stalker Institute, the “A list” <http://www.johnstalkerinstitute.org/alist/>

Smart Snack Calculator <https://foodplanner.healthiergeneration.org/calculator/>

Alliance for Healthier Generation Smart Food Planner <https://foodplanner.healthiergeneration.org/products/>