



Lunch Price: Student Lunch \$3.20, Reduced Price \$.40

# MARCH 2020

## Raymond High School

Menu subject to occasional change

School Information: Mrs. Judy DiNatale, Nutrition Service Director:  
Phone 895-6616 x 2345 or email j.dinatale@sau33.com  
Mrs. Maggy Coito Cafeteria Manager,  
Phone 895-6616, x2318, or email m.coito@sau33.com  
\*This institution is an equal opportunity provider

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

#### Bun Day

Rib-A-Q  
Sweet Potato Fries  
Baked Beans  
Sliced Peaches

2

#### Southwest Tuesday

Taco Boats  
w/ Lettuce, Tomato, Cheese  
Onions, Salsa & Sour Cream  
Corn/ Spanish Rice  
Mandarin Oranges

3

#### Homemade Pizza

Cheese, Pepperoni  
or Bacon  
Romaine Salad  
Tiny Carrots  
Fresh Baked Cookie

4

#### Salute to

**National School Breakfast Week**  
Scramble Egg & Cheese  
w/ Ham & Hash Browns  
Pepper Strips/ Biscuits  
Spiced Apples

5

#### Bun Day

Ham & Cheese  
Croissant  
Tomato Soup  
California Blend Veggies  
Diced Pears

6

#### Bun Day

Pulled Pork Sliders  
Oven Fries  
Rainbow Slaw  
Mixed Fruit  
Ice Cream Treat

9

#### In-Service and Voting Day No Classes

10

#### Pizza Day

French Bread Pizza  
Caesar Salad w/ Chick Peas  
Cut Green Beans  
Peaches

11

#### Brunch for Lunch

Waffles w/ Syrup  
Sausage Links  
Baby Cakes Potatoes  
Tiny Whole Carrots  
Blueberries w/ Topping

12

#### Bacon Burger on Bun

w/ Lettuce, Tomato & Onion  
Jalapeno Jack or American Cheese  
Chicken Noodle Soup  
Cucumber Sticks/ Tropical Fruit

13

#### Fan Favorite

Chicken Nuggets  
w/ Dipping Sauce  
Sweet Potato Waffle Fries  
Bread Stick/BBQ Beans  
Diced Pears

16

#### St. Patties Day

Stew  
Dinner Roll  
Squash  
Golden Pineapple  
Gelatin w/ Topping

17

#### Homemade Pizza

Cheese, Pepperoni  
Or Buffalo Chicken  
Romaine Salad  
Pepper Strips  
Frozen Fruit Treat

18

#### Pasta Day

Spaghetti w/ Meatballs  
Broccoli Florets  
Garlic Toast  
Strawberry Cups

19

#### Something New!

**Ham & Turkey Club Sliders**  
Lettuce & Tomato  
Broccoli Cheddar Soup  
Smiley Fries  
Mixed Fruit

20

#### Something New!

Pulled Pork & Potato  
Casserole  
Tortellini Salad/ Spinach  
Mandarin Oranges

23

#### Southwest Tuesday

Mexican Lasagna  
w/ Salsa & Sour Cream  
Refried Beans  
Tossed Salad  
Tropical Fruit

24

#### Pizza Day

Stuffed Crust Pizza  
Grape Tomatoes  
Carrot Coins  
Frozen Fruit Treat

25

#### Comfort Food

Turkey Pot Pie  
w/ Potatoes and Vegetables  
Fresh Baked Biscuit  
Cranberry Sauce  
Chilled Peaches

26

#### Bun Day

Hot Dog or Fillet of Fish  
Sweet Potato Fries  
Mixed Veggie Soup  
Diced Pears  
Pudding w/ Topping

27

30

Cheeseburger on Bun  
Lettuce, Tomato, Onions  
Oven Fries/ Goldfish Crackers  
California Blend Veggies  
Mixed Fruit

#### Southwest Tuesday

Nachos Supreme  
w/ Chili, Cheese & Salsa  
Red & Green Pepper Strips  
Black Bean Salad  
Pears

31



#### Cafeteria Worker Substitutes Needed!

Hourly rate \$10.00 (Part-Time) + Part-time. Perfect for moms with children in schools! Non-benefit, on-call position

~\*\*Low-fat White or Chocolate fat-free Milk offered with every meal. \*\* We serve Whole Grain rich bread products \*\*Fresh Fruit & assorted juices are offered as second Fruit choices each day \*\*The NEW WAVE DELI offers made-to-order Subs, Wraps and Entrée Salads daily, along with Yogurt Parfaits, Smoothies, and Pizza as Main dishes to build a Complete Lunch Meal!! We also offer a variety of items for a la cart purchase as well, including the always favorite Home Baked Cookies and Hot soft Pretzels. Free and Reduced applications may be processed at any time during the school year. Please call our office if you have any questions about eligibility

