

WORKSHEET 4: SUMMARY OF FINDINGS

This worksheet can be used to create narrative descriptions to post alongside sections from **Worksheet 3: Identifying Connections between Policy and Practice**. The purpose of these narratives is to describe the district's progress toward meeting their wellness goals. Not all districts will have information to share in all four sections.



SECTION 1: STRONG POLICIES AND ALIGNED PRACTICES

If applicable, write a narrative below to describe your district's areas of success in meeting its wellness goals.

Strong policies and practices were observed in the areas of Nutrition Standards for Competitive and Other Foods and Beverages, Physical Education and Physical Activity, Wellness Promotion and Marketing, Implementation, Evaluation & Communication.

In many cases, our buildings practices are exceeding federal recommendations and written policy. Physical activity is promoted consistently across all buildings.



SECTION 2: CREATE PRACTICE IMPLEMENTATION PLAN

If applicable, write a narrative below to describe how your district will create practice implementation plans to ensure full compliance with all elements of the LSWP.

Localized building Wellness Committees will be established to set goals and plan activities to promote wellness. A document will be established SY 23/24 to track fundraisers to ensure they do not exceed the NH allowable 9 exemptions per building per school year.



SECTION 3: UPDATE POLICIES

If applicable, write a narrative below to describe how the district will update its policy to include all federally required items. You may also add plans for additional policy updates if desired.

Our policy will be adapted based on the NH School Board Associations most recent recommended sample policy with district specific modifications. The policy includes all Federal requirements and State specific information.



SECTION 4: OPPORTUNITIES FOR GROWTH

If applicable, write a narrative below to describe how your district will update its policy and practices to include all federally required items. You may also add plans for additional wellness goals if desired.

Our policy will be updated to reflect missing language on federal requirements such as free drinking water available during meals and annual training requirements for Nutrition Services staff. Both were already in practice but not reflected in the written policy. Building Wellness Committees will be established in SY 23/24 to set and work towards building wellness goals and activities.